



KARATE EUROPEAN CHAMPIONSHIPS

CADET / JUNIOR
AND UNDER 21 EUROPEAN CUP

30-31 JAN &
1st FEB 2009

COUBERTIN STADIUM
PARIS, FRANCE



36th EUROPEAN CADET & JUNIOR KARATE CHAMPIONSHIPS 1st UNDER 21 EUROPEAN CUP

**From 30 January to 1st February 2009
Paris, France**

BULLETIN 2



OFFICIAL TRAVEL AGENCY

Fédération Française de Karaté et DA
Porte d'Orléans
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92120 MONTROUGE
FRANCE
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L. Manoury +33 (0)1 41 17 44 45

FRANCE SPORT ASSOCIATION
14 Rue Avaulée
92240 MALAKOFF
FRANCE
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FFKDA PRESIDENT'S WELCOMING

It's a great pleasure for me to invite you to take part in the 36th European Cadet & Junior Karate Championships as well as in the under 21 European Cup, which will be held from 30th January to 1st February, 2009 in PARIS, the capital of France.



This is the first Championships during which we are going to welcome, at an international level, young people from 14 to 15 years old. Thus, we will reserve for them warmest welcome throughout these Championships.

As you can notice during your coming, Paris owns a very rich cultural heritage with many famous monuments and numerous sports infrastructures convenient to the organization of great sports events.

As host country, we will do our best to make these Championships memorable for all of you.

France organized the 2nd World Senior Championships in 1972, the European Senior Championships in Paris in 1996, and the World karate Championships Cadet and Junior in Marseille in October 2003.

I wish good luck to all young competitors which will participate at these Championships. I hope that you will have a good time in our beautiful capital.

Francis DIDIER

The President of French Karate Federation



EKF / WKF PRESIDENT'S WELCOMING

It is for me and for all of the components of the European karate family a great pleasure to visit, once more, Paris, the city of the cities. More than 40 European countries are going to meet in Paris around these European Cadet and Junior Championships - as well as under 21 European Cup - and around karate, a sport that is proving day by day not only how deep it is merged in our society but also the added value that its practice gives irrespective of age and condition.



The French Karate Federation is a very important piece of the European Karate Federation and also of the World Karate Federation, for both qualitative and quantitative reasons. We are aware of the progress that karate has experienced in the country and how positively it has been contributing to the worldwide development of our sport. On the other side, we all thank the French Federation that significantly contributes through regularly hosting major international Karate events. It is a very clear and positive sign of the health of the French karate and its full integration in the European Karate Federation.

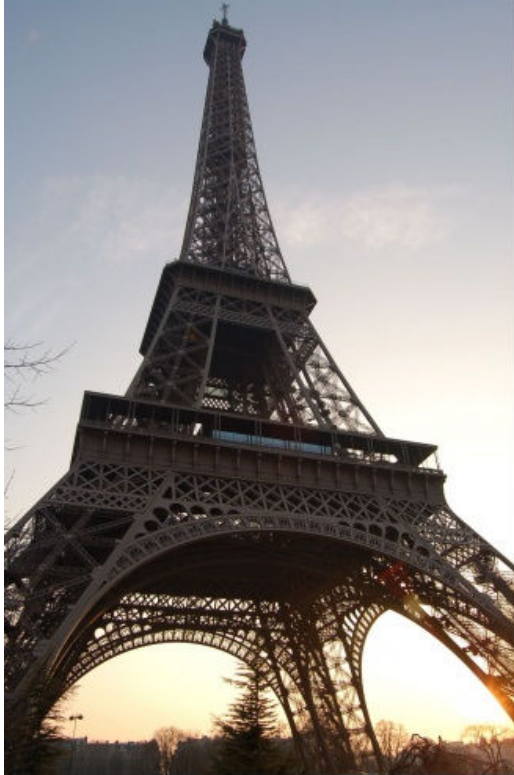
We also want to congratulate the French Federation for the commitment, professionalism and interest shown for the successful organization of these Championships, and wish that this event, the first official Cadet and Junior karate event ever that incorporates the 14 and 15 years age categories, male and female, will serve to further promote karate popularity and practice throughout the country.

In the name of the whole European Karate, thank you for your inestimable contribution, and be sure that we all will enjoy unforgettable days in Paris.

Antonio Espinós

EKF / WKF President

INFORMATION ABOUT PARIS



Paris, city of art and culture

Sightseeing in Paris is like plunging into ancient history: remains of the old Roman Lutetia, grand medieval abbeys, gothic masterpieces, classical architecture, collections from Napoleonic times, perspectives defined by Haussmann... a remarkable density of artistic and cultural treasure to choose from at each visit! 180 museums and monuments for your enjoyment: discover internationally-renowned collections of paintings, sculpture and decorative arts, go in search of iconic emblems, symbols of the influence of an era, take inspiration from a wealth of contemporary heritage – all this makes Paris a capital of the arts, both past and present.

Top five monuments



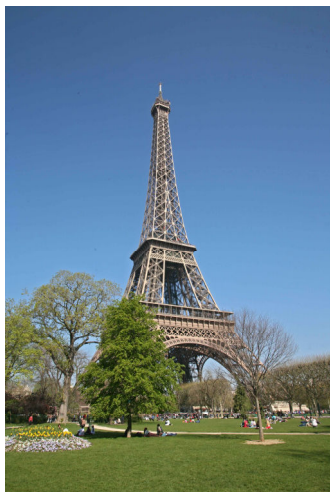
CATHEDRALE NOTRE-DAME DE PARIS

Masterpiece of gothic architecture, the cathedral Notre-Dame de Paris, imagined by Bishop Maurice de Sully was built between the 12th and the 14th centuries (1163-1345). The French road distances are established from the “0km” point located on the square in front of the cathedral entrance. You can also visit the Treasure of Notre-Dame.



BASILIQUE DU SACRE COEUR DE MONTMARTRE

Church built by public subscription after the 1870 defeat in the Franco-Prussian war. The basilica was consecrated in 1919. Architect: Abadie (1875-1912)



TOUR EIFFEL

One of the most famous monument in the world (324 meters, 10,100 tons), the Eiffel Tower was built by Gustave Eiffel in 1889 for the World Fair, where it was the star attraction.

Information, historical and technical explanations on all three levels, Gustave Eiffel's office on the third one.

Viewpoint indicator on the 2nd and 3rd floors.



SAINTE CHAPELLE

Jewel of gothic architecture, the Sainte Chapelle was built at Saint-Louis' request during the 13th century to house Christ's crown of thorns.



ARC DE TRIOMPHE

Panoramic view, museum on the history of the monument. 2 viewpoint indicators at the top.

Architects: Chalgrin, Joust, Blouet. Sculptors: Cortot, Rude, Etex, Pradier, Lemaire.

On the 11th of November 1920, the thumb of an unknown soldier killed in the Great War was inaugurated here to remember the 1,500,000 killed in World War I. Since 1922 and even during the World War II, every day at 6.30pm, the commemorative flame is revived. 802 associations of veterans take care of these ceremonies.

OFFICE DU TOURISME ET DES CONGRES Seine (75) - Ile de France

25, rue des Pyramides

75001 PARIS

FRANCE

tel: 33 (0) 8 92 68 30 00

telecopy: 33 (0) 1 49 52 53 00

Site internet: www.parisinfo.com

GENERAL INFORMATION:

TIME:

France is in the Central European Time Zone – GMT + 1 hour

CLIMATE:

Paris lies in the midst of the Ile de France region, which has France's lowest rainfall, however the city is known for its unexpected rain showers which can occur at any time of year. Summer temperatures are mild to warm, with occasional heat waves, while winters are very chilly with temperatures hovering around freezing point.

Average temperature in July +20°C.

Average temperature in February +6°C.

Temperatures in early February vary from -2°C to 16°C.

LANGUAGE:

France's official language is French. English is also understood and widely spoken.

CURRENCY:

The French currency is Euro.

The banks are generally open from 9am to 5pm, or 6pm, from Monday to Friday, sometimes from Tuesday to Saturday. Some banks may close at lunchtime, between 12.30pm and 2pm. Even though you may find some banks who will accept your currency in exchange for euros, you are more likely to come across exchange offices, which specialize in this type of transaction. You must have an ID with you.

The majority of international cards are accepted by cash dispensers at the principal French and foreign banks. However, not all banks provide a currency exchange service.

In Paris, you will find numerous exchange offices in busy tourist areas and they are usually open on Sundays too.

Shops everywhere take all the major credit cards: Visa, EuroCard, MasterCard, American Express. Only cheques drawn on French banks will be accepted and generally proof of identity is requested. You can also pay in euros of course, although it is best to avoid the larger denomination banknotes.

The majority of shops are open all day from 9am to 7pm, Monday to Saturday. Some smaller shops may close over lunchtime between midday and 2pm, or all day on Monday. Supermarkets are open at different times depending on the neighbourhood, every day except Sunday, until 8, 9 or 10pm.

COMMUNICATIONS:

To call France from abroad, dial the international code 00 followed by 33 for France, then the number without the first 0. Example for a Paris number: 00 33 1 40 00 00 00.

To call from France to another country, dial the international code 00, the code of the country, then the number without the first 0.

With the France Télécom Pays Direct service, you can obtain an operator in your own country free of charge. If you wish, he can establish reverse-charge calls for you (where the person called pays for the communication). For this service, dial 0 800 99 00 \ country code.

Examples:

49 for Germany, 44 for UK.

You will find plenty of telephone booths in the street, in metro stations, railway stations and other public places. To use them, you will need a telephone card, obtainable from France Télécom agencies, the Post Office, the Paris Convention and Visitors Bureau, tobacconists and newspaper kiosks. The price varies from €8 to €15 depending on the number of units.

If you wish to call abroad, international code cards offer competitive prices. These cards can also be used for calls within France.

For mobiles, contact your mobile phone operator who will confirm whether or not your mobile is compatible with the French network and also explain how you will be charged for calls received from your own country or that you make while abroad (local and international calls).

INTERNET:

Rendezvous in a cyber café or a cyber-space to check and send your e-mails. Often open late, they are usually reasonably-priced.

POST OFFICES:

If you have a postcard or a letter to send, you can post them in one of the yellow letter boxes found on most street corners. Stamps can be bought in post offices or tobacconists.

Most post offices are open from 8am to 7pm, Monday to Friday, and 8am to midday on Saturday. Closed on public holidays.

MEDICAL SERVICES:

No vaccinations are required in order to visit France

The chemists are usually open straight through from 8am to 8pm. They take it in turns to close on Sundays and also sometimes on Mondays. When a chemist is closed, the addresses of the nearest duty chemists are displayed on the door. A few chemists remain open late and even all night.

Should you be a witness or the victim of an accident, you may require medical treatment that cannot wait until the following day. These are the emergency services to contact:

| | |
|-------------------------|----------------|
| Fire brigade | 18 |
| Police | 17 |
| Samu (accidents) | 15 |
| Poison treatment centre | 01 40 05 48 48 |
| SOS Médecins (doctors) | 01 47 07 77 77 |
| SOS Dentaire (dentists) | 01 43 37 51 00 |

Nearest hospital:

HOPITAL EUROPEEN GEORGES-POMPIDOU
20 Rue Leblanc
75908 PARIS Cedex 15
01 56 09 20 00

CUSTOMS:

Since France joined the EU, customs services are less apparent, in particular in Paris railway stations.

Further information:

Tel: 0 825 30 82 63 from a land line Tel: 0 825 36 82 63 from a mobile

VOLTAGE:

220 Volt/50 Hz



VISA REQUIREMENTS

Nationals of the member states of EU and EEA: Austria, Belgium, Bulgaria, Cyprus, Czech Republic, Denmark, Estonia, Finland, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, The Netherlands and United Kingdom **are free to enter France**. The required travel document for entry is a national ID card or passport.

The bases for their stay in France are regulated by the Citizen of European Union Act.

The holders of passports of the following countries do not need a visa to enter France for stays of no more than three months in a 6 months period: Andorra, Croatia, Israel, Monaco, San Marino and Switzerland.

The following countries require a visa even for a period of less than 90 days:

Albania, Armenia, Azerbaijan, Belarus, Bosnia & Herzegovina, Georgia, FYROM, Moldova, Montenegro, Russia, Serbia, Turkmenistan, Turkey and Ukraine.

For those countries, it is needed the entry visas which can be obtained from any French consular authority. The French Karate Federation has already informed the Ministry of Foreign Affairs on this matter.

http://www.diplomatie.gouv.fr/fr/france_829/venir-france_4062/entrer-france_4063/comment-solliciter-un-visa-entree-court-sejour-sur-passeport-ordinaire_45952.html

In case visa problems occur for any team, please, contact the French Karate Federation:

Miss MANOURY Ludivine
Fédération Française de Karaté et Disciplines Associées
Porte d'Orléans
39 rue Barbès
92120 Montrouge
FRANCE
Tel: +33 (0)1 41 17 44 45
Fax: +33 (0)1 41 17 06 51
E-mail: لمانورى@ffkarate.fr

TRANSPORT TO/FROM HOTELS – SPORTS HALL

The French Federation will provide free transportation from the official hotels to the sport hall and vice versa for the people that have booked their accommodation through the Official Travel Agency “France Sport”. On your arrival at the hotel, you will receive the shuttle – buses timetable for hotel/stadium transportation.

OFFICIAL TRAVEL AGENCY



FRANCE SPORT ASSOCIATION

14 Rue Avaulée

92240 MALAKOFF

FRANCE

Tél: +33 (0)1 40 92 25 25

Fax: +33 (0)1 40 92 25 26

Aurélie Morin

a.morin@france-sport.com

THE HEADQUARTERS HOTEL



Mercure Paris Porte de St Cloud
37 place René Clair
92100 BOULOGNE BILLANCOURT
FRANCE

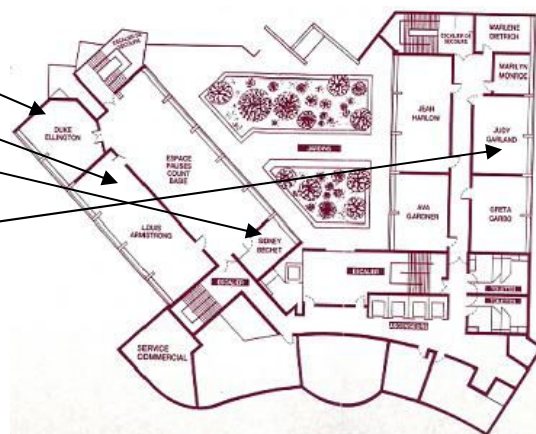
The booking of rooms in the headquarters hotel is arranged by the French Karate Federation. Please, contact us if you want to book a room in this hotel.

Miss Alexandra Bruère
Tel: +33 (0)1 41 17 44 42
Fax: +33 (0)1 41 17 44 97
abruere@ffkarate.fr

MEETING ROOM

Fairs of the 1st Floor:

- 1- Duke Ellington
- 2- Louis Armstrong
- 3- Sidney Bechet
- 4- Auditorium
- 5- Judy Guerland



- 1 – Medical commission - anti-doping commission, referee commission meeting
- 2 – Accreditation
- 4 – Press conference, coaches meeting, referees and judges meeting
- 5 – Technical executive comitee



THE HOTELS

The deadline of 30th November 2008 is now over . The rate of the rooms will be increased by 15 %.

| PRICES PER NIGHT PER PERSON breakfast included | | | | | | | |
|--|------|--------|------|--------|-----------|----------|-------|
| Hotels | Rank | Single | Twin | Triple | Quadruple | Sextuple | Meal* |
| | | € | € | € | € | € | € |
| HQ Mercure Paris Porte de Saint-Cloud | **** | 149 | 82,5 | | | | 39 |
| Adagio Paris XV | *** | 170 | 102 | 73 | 60 | | 22 |
| Novotel Pont de Sevre | *** | 145 | 80 | | | | 25 |
| Mercure Paris Porte d'Orléans | *** | 119 | 69 | | | | 25 |
| Adagio Paris Porte de Versailles | *** | | 65 | | 49,25 | 43,33 | 22 |
| Ibis Gentilly | ** | 88 | 44 | | | | 20 |
| B&B Malakoff | ** | 80 | 44 | 36 | | | |
| Itinéraire La Défense | *** | 73 | 41 | 33 | 31 | | 20 |
| Citadines Didot Alesia | *** | 72,5 | 51 | | | | |

Please, contact the French Karate Federation if you want to book a room in the HQ Mercure Paris Porte de Saint-Cloud.

Miss Alexandra Bruère
 Tel: +33 (0)1 41 17 44 42
 Fax: +33 (0)1 41 17 44 97
abruere@ffkarate.fr

* It's possible to have lunch & dinner in Pierre de Coubertin Stadium for the price of 16€. For dinner, it will be tray meal.

EUROPEAN CADET AND JUNIOR KARATE CHAMPIONSHIPS

AND UNDER 21 EUROPEAN CUP

FROM 29TH JANUARY TO 02ND FEBRUARY 2009

ACCOMMODATION AND RESERVATION



Pay attention during the championship period, Paris also hosts a show of ready-to-wear, please reserve your rooms as soon as possible.

THE DEADLINE OF 30TH NOVEMBER 2008 IS NOW OVER. THE RATE OF THE ROOMS WILL BE INCREASED BY 15 %.

ACCOMMODATION (HOTELS SERVED BY OFFICIAL SHUTTLES)

APARTMENT/HOTEL : 3***

- **Adagio Paris XV: 2,36 km from the hall Pierre de Coubertin : N° 2**
 - Apartments available: from 1 to 4 persons
 - Price B/B:
 - 1 apartment for 1 person: 165 € / night / person
 - 1 apartment for 2 persons: 88 € / night / person
 - 1 apartment for 3 persons: 58 € / night / person
 - 1 apartment for 4 persons: 45 € / night / person
 - Meal: 22€

HOTELS 3***

- **Novotel Pont de Sèvres: 3km from the hall Pierre de Coubertin**
 - Rooms available: Singles and Twins
 - Price BB:
 - Single: 145€ / night / person
 - Twin: 80€ / night / person
 - Meal: 25€

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14 rue Avaulée 92240 Malakoff France
Tél : +33 (0)1 40 92 25 25 - Fax : +33 (0)1 40 92 25 26

- **Mercure Paris Porte d'Orléans: 6,40 km from the hall Pierre de Coubertin–N°7**

- Rooms available: Singles and Twins
- Price BB:
 - Single: 119 € / night / person
 - ½ Twin: 69 € / night / person
 - Meal: 25€
 -

APARTMENT/HOTEL : 3***

- **Adagio Paris Porte de Versailles = 2,41 km from the hall Pierre de Coubertin : N°3**

- Apartments available: from 2, 4 and 6 persons
- Price B/B:
 - 1 apartment for 2 persons: 65€ / night / person
 - 1 apartment for 4 persons: 49,25€ / night / person
 - 1 apartment for 6 persons: 43,33€ / night / person
 - Meal: 22

- HOTELS 2**

- **IBIS Gentilly: 8,29 km from the hall Pierre de Coubertin: N°8**

- Rooms available: Singles and Twins
- Price B/B:
 - Single: 88€ / night / person
 - ½ Twin: 44€ / night / person
 - Meal: 20€

- **B&B Malakoff: 4 km from the hall Pierre de Coubertin: N° 4**

- Rooms available: Singles, Twins and Triples
- Price B/B:
 - Single: 80 / night / person
 - ½ twins: 44 / night / person
 - Triple: 36€ / night / person

▪ No catering available at the hotel. It will be arranged by the organization at the hall Pierre de Coubertin (booking form p34)

- **HOTELS 3*****

• **Itinéraire La Défense: 11,26 km from the hall Pierre de Coubertin – N°10**

- Rooms available: Singles, Twins, Triples and Quadruples
- Price for Bed and Breakfast (BB):
 - Single: 73 € / night / person
 - ½ Twin: 41 € / night / person
 - Triple: 33 € / night / person
 - Quadruple: 31 € / night / person
 - Meal: 20€

APARTMENT/HOTEL : 3***

• **Citadines Didot Alesia = 5,8 km from the hall Pierre de Coubertin : N°5**

- Apartments available: from 2 and 4 persons
- Price B/B:
 - 1 apartment for 2 persons: 72,5€ / night / person
 - 1 apartment for 4 persons: 51€ / night / person
 - **No catering available at the hotel. It will be arranged by the organization at the hall Pierre de Coubertin (booking form p34)**



HOTEL AND TRANSFERS BOOKING FORM (A)

CONTACT:

COUNTRY:

NAME & 1ST NAME: PHONE NUMBER:

FAX: MOBILE:

E-MAIL:

ARRIVAL DATE:

FLIGHT NUMBER: ARRIVAL TIME:

CITY OF DEPARTURE NUMBER OF PERSON:

DEPARTURE DATE:

FLIGHT NUMBER: DEPARTURE TIME:

CITY OF DESTINATION:

TOTAL NUMBER OF PERSONS:

NUMBER OF OFFICIALS:

NUMBER OF MALES:

NUMBER OF FEMALES:

CHOOSEN HOTEL:

NUMBER OF SINGLE (BIG BED) FOR 1 PERSON:

NUMBER OF SINGLE (BIG BED) FOR 2 PERSONS:

NUMBER OF TWIN ROOM:

NUMBER OF TRIPLE ROOM:

NUMBER OF 4 BEDS ROOM:

DINNER BOOKING IN YOUR HOTEL

WEDNESDAY ☐ NUMBER OF DINNER.....

THURSDAY ☐ NUMBER OF DINNER.....

FRIDAY ☐ NUMBER OF DINNER.....

SATURDAY ☐ NUMBER OF DINNER.....

SUNDAY ☐ NUMBER OF DINNER.....

Please, would you inform us of any additional need required?

.....

.....

.....

.....

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14 rue Avaulée 92240 Malakoff France
Tél : +33 (0)1 40 92 25 25 - Fax : +33 (0)1 40 92 25 26



HOTEL AND TRANSFERS BOOKING FORM (B)

The rooming list must follow the hotel reservation form and should be returned not later than 2 weeks before: January, 15th 2009.

[illegible]



BOOKING CONDITIONS & PAYMENT

BOOKING CONDITIONS:

The deadline to finalize the booking will be on **November 30th 2008**. After this deadline, the rate of the rooms will be increased by 15%.

Between January 15th and January 29th, the rate of the rooms will be increased by 20%.

You will receive an order form to confirm your reservation.

The reservation will be confirmed at the reception of a deposit **corresponding to 50% of the total amount**.

You have the possibility to modify the number of participants or the duration of the stay until **December 27th** without any penalties.

- As from December 27th to January 15th, 50% of the cancellation will be due

- As from January 15th to the arrival date, 100% will be due for payment

PAYMENT:

You will have to pay the down payment maximum two weeks before your arrival. (January 15th, 2009)

In case of late reservation, after **November 30th 2008**, the reservation will be confirmed at the payment reception of the total amount ordered.

Bank transfer on the following account references:

Agency: HSBC FR POISSONNIERE

Bank code: **30056** Branch code: **00066** Account number: **0066 543 4380** Key RIB : **87**

IBAN : **FR76 3005 6000 6600 6654 3438 087** Swift code : **CCFRFRPP**



AIRPORT SHUTTLE - HOTEL

A system of transportation will be organized to transfer your delegation from airport (or train station) of arrival to your accommodation place. Your return transfer to the airport (or train station) will also be organized. Those transfers will have to be paid by the delegations participating to the competition.

Round Trip: Arrival and Departure: 25 € per person (up to 10 persons)

35 € per person (less than 10 persons)

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14 rue Avaulée 92240 Malakoff France

Tél : +33 (0)1 40 92 25 25 - Fax : +33 (0)1 40 92 25 26

France is situated in the western extremity of Europe bordered by the Mediterranean Sea, the English Channel and the Atlantic Ocean, its neighboring countries are Spain, Italy, Switzerland, Belgium, Germany, Luxembourg and Andorra.

Both main airports of Paris are Orly and Roissy-Charles de Gaulle.

Aéroport de Paris Roissy Charles de
Gaulle
BP 20101
95711, Roissy Charles de Gaulle
FRANCE

Aéroport de Paris-Orly
Orly Sud 103
94396 Orly Aérogare
FRANCE

<http://www.aeroportsdeparis.fr/>

The main train stations of Paris are:

Gare du Nord
112, rue de Maubeuge
75010 Paris

Gare de l'Est
Place du 11 novembre
1918
75010 Paris

Gare de Lyon
Place Louis-Armand
75571 Paris cedex 12

Gare d'Austerlitz
85 quai d'Austerlitz
75013 Paris

Gare Montparnasse
17, Boulevard de Vaugirard
75741 Paris Cedex 15

Gare Saint Lazare
13, Rue d'Amsterdam
75008 Paris

<http://www.gares-en-mouvement.com/accueil.jsp?langue=fr&horloge=1®ion=12>

For further details, please, contact the official Travel Agency:

OFFICIAL TRAVEL AGENCY

FRANCE SPORT ASSOCIATION

14 Rue Avaulée
92240 MALAKOFF
FRANCE

Tél: +33 (0)1 40 92 25 25

Fax: +33 (0)1 40 92 25 26

Miss Aurélie MORIN



CONTACTS

- **Miss Aurélie Morin:** a.morin@france-sport.com

Tel: +33 (0)1 40 92 25 27 – Fax: + 33 (0) 1 40 92 25 26

or

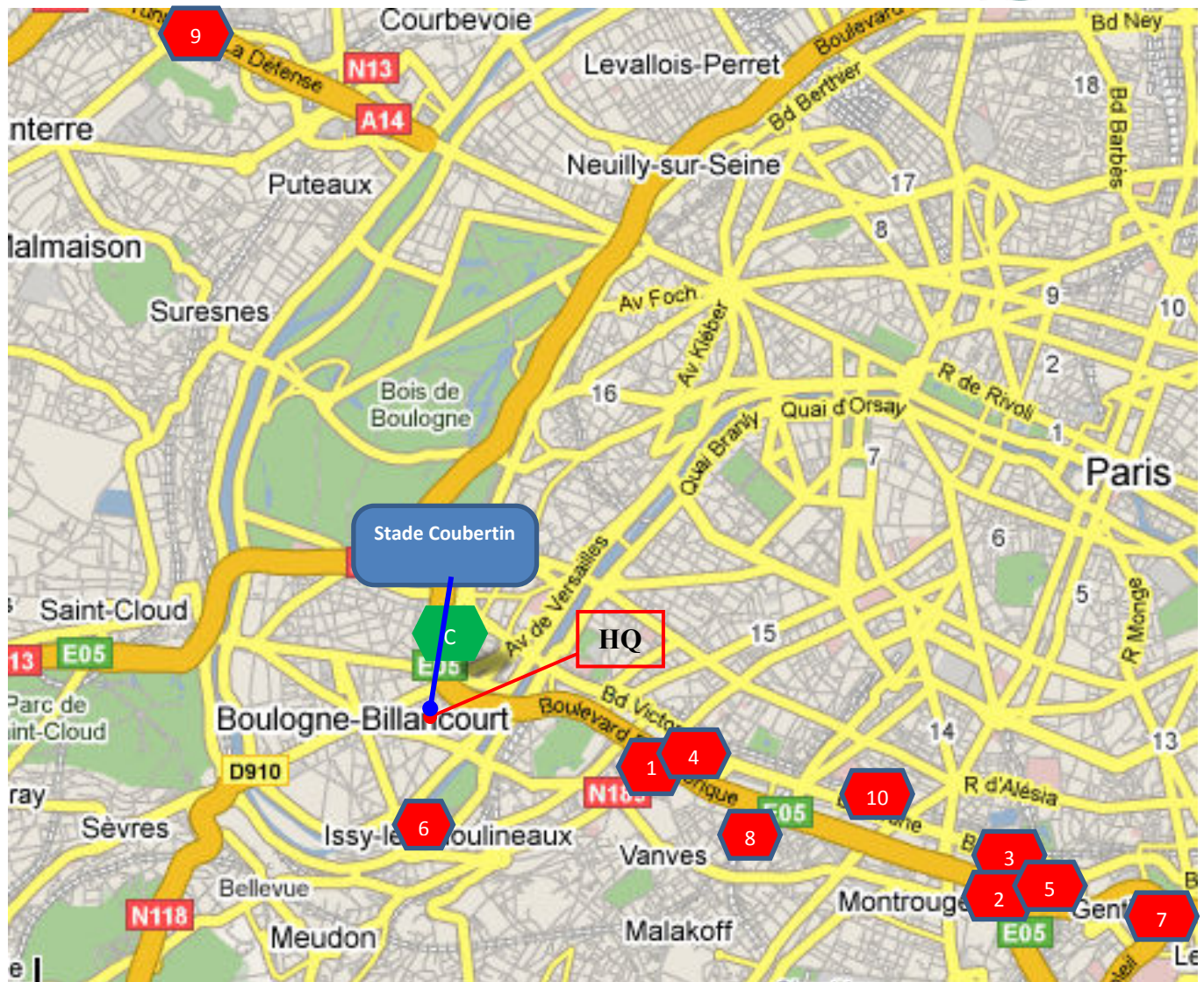
- **Mr Renault Lacombe:** r.lacombe@france-sport.com

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14 rue Avaulée 92240 Malakoff France

Tél : +33 (0)1 40 92 25 25 - Fax : +33 (0)1 40 92 25 26



Distances Hotels → Pierre de Coubertin stadium

- N°1: Adagio City Aparthotel Paris XV = 2,36km
- N°2: Novotel Porte d'Orléans = 5,78km
- N°3: Mercure Porte d'Orléans = 6,40km
- N°4: Adagio City Aparthotel Porte de Versailles = 2,41km
- N°5: Ibis Montrouge = 7,29km
- N°6: Hôtel Campanile Issy les Moulineaux = 2,10 km
- N°7: Ibis Gentilly = 8,29 km
- N°8: B&B Malakoff = 4,01km
- N°9 : Itinéraires La Défense = 11,26km
- N°10: Citadines Alésia = 5,81km
- HQ: Mercure Paris Porte de St Cloud = 0,1km

MEALS AT THE STADIUM



It's possible to have lunch & dinner in Pierre de Coubertin Stadium for the price of 16€.

Please fill in the registration form p34.

FFKDA
39 Rue Barbès
92120 MONTROUGE
FRANCE

Miss Ludivine MANOURY
Tel: +33 (0)1 41 17 44 45
Fax: +33 (0)1 41 17 06 51
e-mail: لمانورى@ffkarate.fr

Payment would be done at:

French Karate Federation bank reference
FFKDA
Bank: SOCIETE GENERALE - 30003
Branch: 03850
Account number: 00037263221
RIB Key: 35
IBAN: FR76 30003 03850 00037263221 35
BIC: SOGEFRPP



CHAMPIONSHIPS VENUE

The Championships will take place in Pierre-de-Coubertin stadium, Paris, from 30th of January 2009 to 1st February 2009. Capacity of the stadium is about 4000 spectators. It is situated in the 16th district, 8 kilometers far from the city center.

Renowned to be “The soul of the Parisian sports heritage”, the stadium rhymes at first with combat sports. Big boxing hall in the 50's, it welcomes the World Challenge of Sword and the International Challenge of Paris of Foil, just as it stands out as an important place of the international season of Karate, and other Martial Arts.



It will be possible to buy sandwiches in the stadium.

Stade Pierre de Coubertin

82, avenue Georges-Lafont

75016 Paris

Tel: 01 45 27 79 12

Fax: 01 45 27 50 52

Near: Bus189, Bus 175, Bus 289, Bus 62, Bus 72, Metro 9

REGISTRATION OF DELEGATIONS

REGISTRATION

The deadline for the registration is the **16th of January 2009**

Registration of all athletes and officials will take place in the MERCURE HOTEL (Louis Armstrong room – first floor), on Thursday 29 January 2009 from 10am to 6pm.

Mercure Paris Porte de St Cloud
37 place René Clair
92100 BOULOGNE BILLANCOURT
FRANCE

SECRETARIAT

All delegations are kindly requested to fill in the attached registration, and Competition Entry forms and return them to the Organizing Committee within the set time frames.

The Secretariat will be located in the MERCURE HOTEL. **Each participating country is requested to provide 2 national flags and an audiocassette or CD with the national anthem.** During the registration there is the possibility to accredit the representatives of official press/media.

PRESS ACCREDITATION

Press accreditation can only be given to professional journalists representing a media and under presentation of the corresponding document accrediting him.

Accredited journalists will have access to working seats, telephone and fax. A press conference will be organized with the competitors on Thursday evening in the Mercure hotel's auditorium.

Photographers and TV or video cameraman will have access to their allocated seats only upon presenting their special cards, given at the accreditation. The journalists and photographers will not have access to the competition area. Permits for video recording will be issued by European Karate Federation against payment to be settled on spot at the accreditation. Should you need more information about press or media related issues, please contact the European Karate Federation's office in Madrid (secretariat@ekf-karate.net).

Details on public TV broadcasting should preferably be discussed in advance with the organizers

TRAINING

The French Karate Federation makes available a training room from Tuesday 27th January to Thursday 29th January 2009. To reserve this room, refer to the form page 36.

Transportation from hotel to training area will be provided by the French Karate Federation.

MEALS

Lunch and Dinner tickets will be given to you during the registration of delegation in HQ Mercure Porte de St Cloud, refer to the form page 37. **There will be no possibility to buy lunch and dinner tickets after 18th January 2009.** Dinner trays will be at your disposal from 6pm to 8pm.

ENTRANCE TICKETS

Prices of the entrance tickets:

| | Before the 15 th January 2009 10% discount | After the 15 th January 2009 |
|------------|--|---|
| For 1 day | 9€ / person | 10€ / person |
| For 3 days | 18€ / person | 20€ / person |

Please fill in the registering form page 38.

PROTECTION

The list of the trademarks approved by **EKF** for the Sports Items of compulsory use at EKF Championships is on the following page.

INSURANCE

All participants and members of delegations must effect their own medical insurance and personal trip insurance. The French Karate Federation and European Karate Federation are taking no liability for these concepts.

FAREWELL PARTY

The Farewell party will be held on Sunday 1st February 2009 from 8pm to midnight. Entrance ticket covers transportation from and to all official hotels, dinner, drinks and live music. The ticket price is 18€ per person. Please fill in the registering form page 39.

EKF APPROVED ITEMS

Please be informed that **BUDO NORD** and **DAEDO** are the TRADEMARKS approved by **EKF** for the Sports Items of compulsory use at EKF Championships, being their details as follows:



SBI SPORT AB
Staffanstorpsvägen 115
SE-232 91 Arlöv- Malmö
Sweedden

tel: +46 (0) 40 94 88 88
fax: +46 (0) 40 94 07 80

e-mail: info@sbisport.se



DAEDO, S.L.
C/ Balmes 55
08007 Barcelona
Spain

tel: +34 93 2635350 / 93 4541514
fax: +34 93 4535251

e-mail: daedo@daedosport.com

WKF APPROVED ITEMS

WKF approved TRADEMARKS for sports items will also be permitted (**ADIDAS, ARAWAZA, HAYASHI, SPORTS MASTER (SMAI) AND TOKAIDO**)

IMPORTANT: The use of the WKF Face Mask is compulsory for Kumite Cadet categories (male & female). It can be purchased from the distributors of the five WKF approved companies, whose details can be found at WKF web site (www.wkf.net). The WKF Face Mask can also be purchased at the stands area in the Sports Hall (Pierre de Coubertin) on the Competition days.

INFORMATION ABOUT CATEGORIES

EUROPEAN JUNIOR & CADET CHAMPIONSHIPS AND UNDER 21 EUROPEAN CUP

| UNTIL 2008 | FROM 2009 | COMMENTS |
|--|--|---|
| MALE JUNIOR TEAM KUMITE (age 18,19,20) (Removed) | UNDER 21 KUMITE (age 18,19,20) (-68,-78,+78)(NEW) | <ul style="list-style-type: none"> • The Competition will last for 3 days (Friday, Saturday and Sunday) • Each National Federation can register one (1) team and one (1) competitor per category. • At the draw, the four medallists of the previous Championships will be split as much as possible (the competitors in the case of individual events, and the NF's in the case of the Kata team events). • The Championships will be displayed in 5 or 6 competition areas, depending on the stadium's features. • Kumite bouts duration will be 2 minutes in all cases. • Bunkai in Kata team (male & female) to be performed in the final and bouts when a medal is being disputed. • The competitors who have already participated with the National team in a World or in a European Senior Championships won't be allowed to take part in under 21 categories. |
| FEMALE JUNIOR TEAM KUMITE (age 18,19,20) (Removed) | UNDER 21 KUMITE (age 18,19,20) (-53,-60,+60)(NEW) | |
| MALE JUNIOR INDIVIDUAL KUMITE (age 18,19,20) -60, -65, -70, -75, -80, +80 kg. | MALE JUNIOR INDIVIDUAL KUMITE (age 16 & 17) -55, -61, -68, -76, +76 kg. | |
| FEMALE JUNIOR INDIVIDUAL KUMITE (age 18,19,20) -53, -60, +60 kg. | FEMALE JUNIOR INDIVIDUAL KUMITE (age 16 & 17) -48, -53, -59, +59 kg. | |
| MALE CADET INDIVIDUAL KUMITE (age 16 & 17) -60, -65, -70, -75, +75 kg. | MALE CADET INDIVIDUAL KUMITE (age 14 & 15) -52, -57, -63, -70, +70 kg. | |
| FEMALE CADET INDIVIDUAL KUMITE (age 16 & 17) -51, -57, +57 kg. | FEMALE CADET INDIVIDUAL KUMITE (age 14 & 15) -47, -54, +54 kg. | |
| MALE JUNIOR INDIVIDUAL KATA (age 18, 19 & 20) | MALE JUNIOR INDIVIDUAL KATA (age 16 & 17) | |
| FEMALE JUNIOR INDIVIDUAL KATA (age 18, 19 & 20) | FEMALE JUNIOR INDIVIDUAL KATA (age 16 & 17) | |
| MALE CADET INDIVIDUAL KATA (age 16 & 17) | MALE CADET INDIVIDUAL KATA (age 14 & 15) | |
| FEMALE CADET INDIVIDUAL KATA (age 16 & 17) | FEMALE CADET INDIVIDUAL KATA (age 14 & 15) | |
| MALE CADET/JUNIOR TEAM KATA (age 16-20) (3) | MALE CADET/JUNIOR TEAM KATA (age 14-17) (3) | |
| FEMALE CADET/JUNIOR TEAM KATA (age 16-20) (3) | FEMALE CADET/JUNIOR TEAM KATA (age 14-17) (3) | |

| WORLD CHAMPIONSHIPS | | | | | | |
|---|--|---|---|---|---|--|
| WORLD CADET, JUNIOR & UNDER 21 CHAMPIONSHIPS | | | | WORLD SENIOR CHAMPIONSHIPS | | |
| GENERAL | CATEGORIES | | | GENERAL | CATEGORIES | |
| <ul style="list-style-type: none"> ❖ The competition will last for 4 days (Thursday, Friday, Saturday, and Sunday). ❖ Each National Federation can register one (1) competitor per category. ❖ At the draw, the four finalists of the previous championships will be split as much as possible. (The competitors in the case of individual events and the National Federations in the case of the team events). ❖ The Championships will be displayed in 5 or 6 competition areas, depending on the stadium's features. ❖ Kumite bouts duration will be 2 minutes in all cases. ❖ Those who have already participated in a World Senior Championships won't be allowed to take part in under 21 categories. ❖ Bunkai in Kata team (male & female) to be performed in the final and bouts when a medal is being disputed. | UNDER 21 | CADET | JUNIOR | <ul style="list-style-type: none"> ❖ The competition will last for 4 days (Thursday, Friday, Saturday and Sunday). ❖ Team Kumite events will be held after the individual events. ❖ Each National Federation can register one (1) competitor per category. ❖ At the draw, the four finalists of the previous Championships will be split as much as possible. (The competitors in the case of individual events and the National Federations in the case of team events). ❖ The Championships will be displayed in 4 (four) competition areas in line. ❖ There will be no breaks. For catering service of referees and officials, specific areas and timetables must be provided. ❖ Kumite bouts duration will be 3 minutes for male and 2 minutes for female categories, except for individual finals and individual bouts when a medal is being disputed, whose duration will be 4 minutes for male and 3 minutes for female categories. ❖ Bunkai in Kata team (male & female) to be performed in the final and bouts when a medal is being disputed. | Individual Kata (age +16) | |
| | | Individual Kata (age 14/15) | Individual Kata (age 16/17) | | Male Female | |
| | | Male Female | Male Female | | Male individual Kumite (age +18) | |
| | Male Individual Kumite (age 18,19,20) | Male Individual Kumite (age 14/15) | Male Individual Kumite (age 16/17) | | -60 Kg. | |
| | -68 Kg. | -52 Kg. | -55 Kg. | | -67 Kg. | |
| | | -57 Kg. | -61 Kg. | | -75 Kg. | |
| | -78 Kg. | -63 Kg. | -68 Kg. | | -84 Kg. | |
| | | -70 Kg. | -76 Kg. | | +84 Kg. | |
| | +78 Kg. | +70 Kg. | +76 Kg. | | Female individual Kumite (age +18) | |
| | Female Individual Kumite (age 18,19,20) | Female Individual Kumite (age 14/15) | Female Individual Kumite (age 16/17) | | -50 Kg. | |
| | -53 Kg. | -47 Kg. | -48 Kg. | | -55 Kg. | |
| | -60 Kg. | -54 Kg. | -53 Kg. | | -61 Kg. | |
| | +60 Kg. | +54 Kg. | -59 Kg. | | -68 Kg. | |
| | | | +59 Kg. | | +68 Kg. | |
| | | | Team Kata (age 14/17) | | Team Kata (age +16) | |
| | | | Male Female | | Male Female | |
| Total | 6 | 10 | 13 | | Team Kumite (age +18) | |
| | | | | | Male Female | |
| | | | | | 16 | |

PROGRAM

Event's Programme

Thursday, 29th January 2009

| | | |
|---------------|-------------------------------|----------------------|
| | | |
| 10:00 – 18:00 | Registration of Delegations | Room Louis Armstrong |
| 15:00 – 16:00 | Referee Commission Meeting | Room Duke Ellington |
| 16:30 – 17:30 | License Renewal Examination | Room Victorine |
| 17:00 – 18:00 | Medical Commission Meeting | Room Duke Ellington |
| 18:00 – 19:00 | Antidoping Commission Meeting | Room Duke Ellington |
| 18:00 – 19:00 | Referees and Judges Briefing | Room Auditorium |
| 19:00 – 20:00 | Technical Commission Meeting | Room Judy Guerland |
| 20:30 Hours | Open Draw to all Coaches | Room Auditorium |

**THE EKF EXECUTIVE COMMITTEE MEETING WILL TAKE PLACE
ON SATURDAY 31st FEBRUARY 2009 FROM 9:00 TO 11:00 AT THE
HEADQUARTERS HOTEL**

36th EUROPEAN JUNIOR & CADET CHAMPIONSHIPS 1st U-21 EKF CUP

5 TATAMIS

Friday, 30 January 2009

Weigh-in will take place in the training area of Pierre de Coubertin Stadium.

| | | Weigh-in Cadet |
|----------------------|---------------|------------------------------------|
| 10:00 – 11:00 | Male | -52, -57, -63, -70, +70 Kg. |
| 11:30 – 12:00 | Female | -47, -54, +54 Kg. |

| INDIVIDUAL CADET PROGRAMME | |
|-----------------------------------|---|
| 10:00 – 11:30 | Eliminations & Repechages Male & Female Kata |
| 11:30 – 12:45 | Eliminations & Repechages Male (-52, -57 Kg) |
| 12:45 – 14:00 | Eliminations & Repechages Female (-47, -54 Kg) |
| 14:00 – 15:15 | Eliminations & Repechages Male (-63, -70 Kg) |
| 15:15 – 16:45 | Eliminations & Repechages Male (+70 Kg)Female(+54 Kg) |
| 17:00 – 18:00 | Opening Ceremony |
| 18:00 – 18:15 | Final Male and Female Kata |
| 18:15 – 18:25 | Medals Award |
| 18:25 – 18:35 | Final Male Kumite -52 Kg, -57 Kg. |
| 18:35 – 18:45 | Medals Award |
| 18:45 – 18:55 | Final Female Kumite -47 Kg, -54 Kg. |
| 18:55– 19:05 | Medals Award |
| 19:05 – 19:15 | Final Male Kumite -63 Kg, -70 Kg. |
| 19:15 – 19:25 | Medals Award |
| 19:25 – 19:35 | Final Male Kumite +70 Kg, & Female +54 Kg. |
| 19: 35 – 19:45 | Medals Award |

* This programme can be altered depending on the number of registered competitors from the new categories. The final programme will be handed out to the coaches after the draw.

10 finals

Saturday, 31 January 2009

Weigh-in will take place in the training area of Pierre de Coubertin Stadium.

Weigh-in Junior

9:00 – 10:00 **Male** -55,-61,-68 -76,+76 Kg.
11:30 – 12:15 **Female** -48, -53, -59, +59 Kg.

| JUNIOR individual PROGRAMME | |
|------------------------------------|--|
| 09:00 – 10:30 | Eliminations & Repechages Male & Female (Individual) Kata |
| 10:30 – 11:45 | Eliminations & Repechages Male Kumite (-55, -61 Kg) |
| 11:45 – 13:00 | Eliminations & Repechages Female Kumite (-48, -53 Kg) |
| 13:00 – 14:15 | Eliminations & Repechages Male Kumite (-68, -76 Kg) |
| 14:15 – 15:30 | Eliminations & Repechages Female Kumite (-59, +59 Kg) |
| 15:30 – 16:30 | Eliminations & Repechages Male (+76 Kg) |
| 16:30 – 16:40 | Final Male & Female (Individual) Kata |
| 16:40 – 16:50 | Medals Award |
| 16:50 – 17:00 | Final Male Kumite (-55, -61 Kg) |
| 17:00 – 17:10 | Medals Award |
| 17:10 – 17:20 | Final Female Kumite (-48 , -53 Kg) |
| 17:20 – 17:30 | Medals Award |
| 17:30 – 17:40 | Final Male Kumite (-68 , -76 Kg) |
| 17:40 – 17:50 | Medals Award |
| 17:50 – 18:05 | Final Female Kumite (-59 , +59) & Male +76 Kg) |
| 18:05 – 18:20 | Medals Award |

Sunday, 01 February 2009

Weigh-in will take place in the training area of Pierre de Coubertin Stadium.

Weigh-in under – 21

09:00 – 09:30 **Male** -68, -78, +78 kg.
09:30 -10:00 **Female** -53, -60, +60 Kg.

| KATA TEAM JUNIOR & UNDER 21 PROGRAMME | |
|---------------------------------------|--|
| 09:00 – 10:30 | Eliminations & Repechages Male & Female Team Kata |
| 10:30 – 12:00 | Eliminations & Repechages Female (-53, -60 Kg) |
| 12:00 – 13:45 | Eliminations & Repechages Male (-68, -78 Kg) |
| 13:45 – 16:00 | Eliminations & Repechages Male (+ 78) & Female (+60 Kg) |
| 16:00 – 16:10 | Final Female (-53, -60 Kg) |
| 16:10 – 16:20 | Medals Award |
| 16:20 – 16:30 | Final Male (-68, -78 Kg) |
| 16:30 – 16:40 | Medals Award |
| 16:40 – 16:50 | Final Male (+ 78)& Female (+ 60 Kg) |
| 16:50 – 17:00 | Medals Award |
| 17:00 – 17:20 | Final Female & Male Team Kata |
| 17:20 – 17:30 | Medals Award |
| 17:30 | Closing Ceremony |

8 finals

REGISTRATION FORMS



Booking for training area

**From Tuesday 27th January up to Thursday 29th January 2009
in Pierre de Coubertin stadium**

**36th EUROPEAN KARATE CHAMPIONSHIP
1st UNDER 21 EUROPEAN CUP
30.01.2009-01.02.2009 Paris, France
(THANK YOU TO WRITE IN CAPITAL LETTERS)**

COUNTRY: _____

CONTACT

Name: _____

Telephone: _____ Fax: _____ Mobile: _____

E-mail: _____

DAY OF TRAININGS:

☐ Tuesday 27th January

Hour: from _____ to _____

☐ Wednesday 28th January

Hour: from _____ to _____

☐ Thursday 29th January

Hour: from _____ to _____

NUMBER OF PERSONS:

Coaches: _____

Athletes: _____

The deadline to finalize the booking will be on **January 1st, 2009.**

CONTACT DETAILS TO SEND BACK THE REGISTERING FORM

Fédération Française de Karaté et Disciplines Associées
39 Rue Barbès
92120 MONTROUGE
FRANCE

Miss Alexandra BRUERE
Tel: +33 (0)1 41 17 44 42
Fax: +33 (0)1 41 17 44 97
e-mail: abruere@ffkarate.fr

Meals booking form in the Pierre de Coubertin stadium

From Thursday 29th January up to Sunday 1st February

**36th EUROPEAN KARATE CHAMPIONSHIP
1st UNDER 21 EUROPEAN CUP
30.01.2009-01.02.2009 Paris, France
(THANK YOU TO WRITE IN CAPITAL LETTERS)**

COUNTRY: _____

CONTACT

Name: _____
Telephone: _____ Fax: _____ Mobile: _____
E-mail: _____

The French Karate Federation will organize some meal for persons who want to eat in the Pierre de Coubertin stadium. **The price for 1 meal is 16€.**

| <u>DAY OF MEALS:</u> | <u>NUMBER OF PERSONS:</u> | <u>TOTAL:</u> |
|---|---------------------------|---------------|
| Thursday 29 th January lunch | _____ x16 | _____ € |
| <input type="checkbox"/> Thursday 29 th January dinner | _____ x16 | _____ € |
| <input type="checkbox"/> Friday 30 th January lunch | _____ x16 | _____ € |
| <input type="checkbox"/> Friday 30 th January dinner | _____ x16 | _____ € |
| <input type="checkbox"/> Saturday 31 st January lunch | _____ x16 | _____ € |
| <input type="checkbox"/> Saturday 31 st January dinner | _____ x16 | _____ € |
| <input type="checkbox"/> Sunday 1 st February lunch | _____ x16 | _____ € |
| <input type="checkbox"/> | | |
| <u>TOTAL:</u> | _____ x16 | _____ € |

The deadline to finalize the booking will be on **January 18th, 2009**. Dinner trays will be at your disposal from 6pm to 8pm.

CONTACT DETAILS TO SEND BACK THE REGISTERING FORM

FFKDA Miss Ludivine MANOURY
39 Rue Barbès Tel: +33 (0)1 41 17 44 45
92120 MONTROUGE Fax: +33 (0)1 41 17 06 51
FRANCE e-mail: لمانورى@ffkarate.fr

French Karate Federation bank reference

FFKDA
Bank: SOCIETE GENERALE - 30003
Branch: 03850
Account number: 00037263221
RIB Key: 35
IBAN: FR76 30003 03850 00037263221 35
BIC: SOGEFRPP

Please, report "meals booking (followed by the name of your country)" in your order of payment.

Entrance tickets Registration form

36th EUROPEAN KARATE CHAMPIONSHIP
1st UNDER 21 EUROPEAN CUP
30.01.2009-01.02.2009 Paris, France
(THANK YOU TO WRITE IN CAPITAL LETTERS)

COUNTRY: _____

CONTACT

Name: _____
Telephone: _____ Fax: _____ Mobile: _____
E-mail: _____

Prices

| | Before the 15 th January 2009 10% discount | After the 15 th January 2009 |
|------------|--|---|
| For 1 day | 9€ / person | 10€ / person |
| For 3 days | 18€ / person | 20€ / person |

| Days | Number of persons | Unit price (please, refer to the prices) | Total |
|-----------------------|----------------------|---|-------|
| Friday 30/01/2009 | | | = € |
| Saturday 31/01/2009 | | | = € |
| Sunday 01/02/2009 | | | = € |
| From Friday to Sunday | | | = € |
| Total | | | = € |

CONTACT DETAILS TO SEND BACK THE REGISTERING FORM

FFKDA
39 Rue Barbès
92120 MONTROUGE
FRANCE

Miss Alexandra BRUERE
Tel: +33 (0)1 41 17 44 42
Fax: +33 (0)1 41 17 44 97
e-mail: abruere@ffkarate.fr

French Karate Federation bank reference
FFKDA
Bank: SOCIETE GENERALE - 30003
Branch: 03850
Account number: 00037263221
RIB Key: 35
IBAN: FR76 30003 03850 00037263221 35
BIC: SOGEFRPP

Please, report "entrance tickets booking (followed by the name of your country)" in your order of payment.

Farewell Party Registration form

On Sunday 1st February from 8pm to 1 am

**36th EUROPEAN KARATE CHAMPIONSHIP
1st UNDER 21 EUROPEAN CUP
30.01.2009-01.02.2009 Paris, France
(THANK YOU TO WRITE IN CAPITAL LETTERS)**

CONTRY: _____

CONTACT

Name: _____
Telephone: _____ Fax: _____ Mobile: _____
E-mail: _____

The French Karate Federation will organize the farewell party the Sunday 1st February from 8pm to midnight. The price for 1 entrance ticket is 18€ .

| <u>NUMBER OF PERSONS:</u> | <u>UNIT PRICE:</u> | <u>TOTAL:</u> |
|---------------------------|--------------------|---------------|
| _____ | _____ € | _____ € |

CONTACT DETAILS TO SEND BACK THE REGISTERING FORM

| | |
|-----------------|--|
| FFKDA | Miss Alexandra BRUERE |
| 39 Rue Barbès | Tel: +33 (0)1 41 17 44 42 |
| 92120 MONTROUGE | Fax: +33 (0)1 41 17 44 97 |
| FRANCE | e-mail: abruere@ffkarate.fr |

French Karate Federation bank reference
FFKDA
Bank: SOCIETE GENERALE - 30003
Branch: 03850
Account number: 00037263221
RIB Key: 35
IBAN: FR76 30003 03850 00037263221 35
BIC: SOGEFRPP

Please, report "farewell" (followed by the name of your country) in your order of payment.