



KARATE1
WORLD CUP

Karate1 – Thermiana Laško, Slovenia 15th and 16th March 2014

WKF Karate1 World Cup

WKF Karate1 WORLD CUP (WWC) is the second biggest league competition in the World of karate. Together with WKF Karate Premier League (WPL) WWC it is series of world-class competitions which are recognized and supported by World karate federation – WKF.

Aim of Karate1 competitions is to join world-class competitors at one place. The best karate fighters in senior category participate in series of tournaments in different strength, intensity and quality rank.

Bulletin no. 1
December 2013

INTRODUCTION AND WELCOME

Dear honored guests, athletes and friends of karate,

On behalf of the Karate Federation of Slovenia I would like to invite you to the Karate1 World Cup Thermana Slovenia, which will be held on March 15th & 16th 2014 in Laško.

Slovenia hosted its first Karate1 competition in 2013 and we are privileged that Slovenia has the opportunity to organize a prestigious competition such as the Karate1 World Cup for the second time in a row. We will be pleased to welcome you to Laško again. Even if it is a small town it is well known for its health and wellness center and brewery.



Karate1 World Cup Slovenia 2014 will be a unique experience for all competitors, coaches and referees. It will provide enrichment of sports knowledge and give all of you an opportunity to create unforgettable memories.

The date of the competition is ideal for the preparation and observation of form of competitors who will participate at the forthcoming European Senior Championships.

I hope that these are good enough reasons for you to participate at our tournament. At this point I would like to welcome you all and to thank you for your participation.

I would like to take this opportunity to wish all the best and good luck to all the competitors. I am sure that the high motivation, excellent standard of athletes and high number of entries will help promote and further develop the sport that we all care about.

We are looking forward to meeting you all in Slovenia.

Igor Zelinka, Ph.D

President of Slovenia Karate Federation

ORGANIZING COMMITTEE



Andrej Bošnjak, MsC

Honorary President of the Organizing Committee



Igor Zelinka, Ph.D

President of Karate Federation of Slovenia



Borut Strojin

Director of the Organizing Committee



Tomaž Deberšek

President of competition committee of Karate Federation Slovenia

Responsible for competition venue



Tomaž Tomšič

Responsible for tickets, competitors' training, schedule and visa support



Katja Strojin

Responsible for accommodation and transfers



Tilen Mrgole – Creative Lab

Responsible for media, IT, Press

ORGANIZER AND CONTACTS

ORGANIZERS CONTACT:

Karate Federation of Slovenia, Tržaška cesta 9, 1360 Vrhnika

Fax: +386 1 300 70 66

Email: slo.open@karate-zveza.si

TECHNICAL SUPPORT FOR ONLINE REGISTRATION:

Web: <http://www.sportdata.org/karate1/>

EMAIL: karate1@sportdata.org

HOTEL RESERVATIONS:

Hotel Booking is possible through website: www.slovenia-open.si

If you have any question or need any assistance, you can contact us on:

Email: booking@karate-zveza.si

SITE AND DATE

www.slovenia-open.si

15th and 16th March 2014, Laško, Slovenia

Friday, 14th March

| | |
|---------------------|---|
| 9.00 – 16.00 | Arrival and registration of delegations – hotel Wellness Park, Laško |
|---------------------|---|

Saturday, 15th March

| | |
|---------------------|--|
| 9.00 – 11.00 | Weigh-in, Tri Lilije Sports Hall |
| 9.00 – 18.00 | Competition, Tri Lilije Sports Hall |

Sunday, 16th March

| | |
|---------------------|--|
| 9.00 – 17.00 | Competition, Tri Lilije Sports Hall |
|---------------------|--|

Monday, 17th March

| | |
|-------------------------------|--|
| Delegations' departure | |
|-------------------------------|--|

INTRODUCTION OF SLOVENIA

SLOVENIA

Location: Slovenia is in central Europe, bordering Austria in the north, Hungary in the north-east, Croatia in the south and south-east, and Italy and the Adriatic Sea in the west.

Capital: Ljubljana

Population: 2,000,000

Total Area: 20,273 sq km

People per sq km: 95

Language: Slovenian, but most speak English, German or Italian.

Currency: Euro (€)

Slovenia is pretty small really - it's only about half the size of Switzerland. It is tucked away within a mountainous region in central Europe, which makes its countryside good for all kinds of outdoor sports, including skiing and hiking, as well as being a good place to visit in the summer. It has relatively cold winters, but warm summers too.

There are only around 2 million people living in Slovenia. And only 97 people live per sq km, which is much less than most of the other European countries.



People have been living in Slovenia since the Stone Age. The first settlement in Slovenia was by their Slovak ancestors in the sixth century. Slovenia has 46.6 km of coastline on the Adriatic Sea

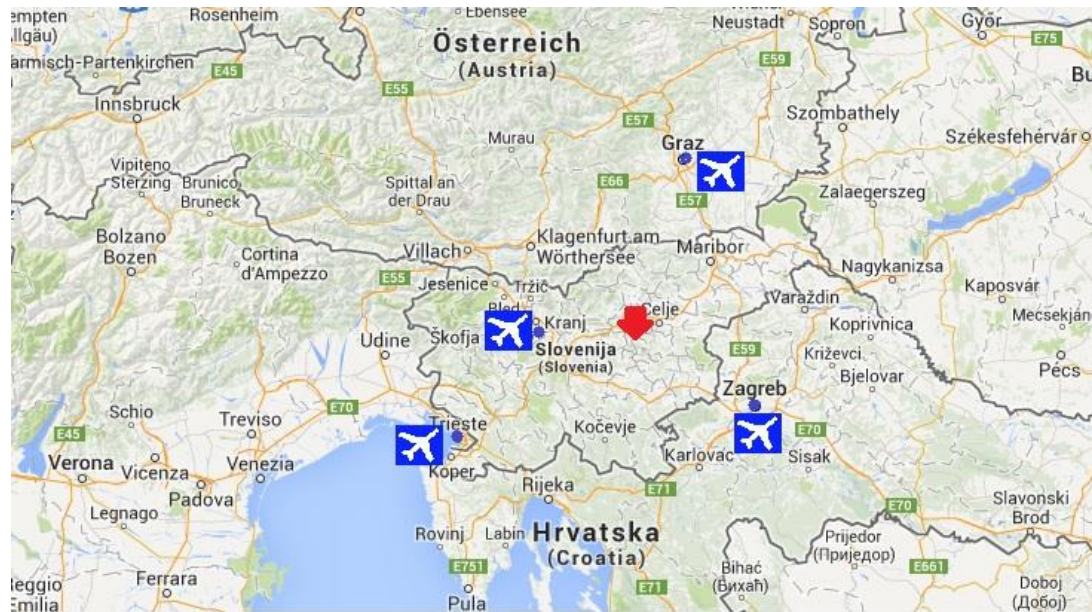
The highest mountain is called Mount Triglav, and it is 2,863 meters, or 9,393 feet high.

The Slovenes grow a lot of grapes, mostly for wine. The largest cave in Europe, called the Postojna Caves, can be found in Slovenia.

Slovenia is the third most forested country in Europe.

HOW TO GET TO SLOVENIA

You can travel to Slovenia by plane, train, bus or car.



AIRPORT:

Main airport in Slovenia is airport Ljubljana.

For local travel, there are taxi services and public transportation available from the airport.

Distances between Laško and closest airports:

| | |
|---------------------------------------|--------|
| Airport Ljubljana | 90 km |
| Airport Zagreb | 95 km |
| Airport Graz | 120 km |
| Airport Ronchi dei Legionari, Trieste | 213 km |

TRAIN:

Slovenia has good railway connections. You can travel directly to Laško, as it has its own railway station.

BUS/CAR:

There are highways connecting Slovenia with neighbor countries and there is a highway net spread all over Slovenia. You can easily get to Celje, which is 10 km north of Laško.

LAŠKO

Laško is situated 10 kilometers from Celje in the valley of the Savinja river. Laško is a city with rich cultural and historical heritage, natural surroundings and a vivid cultural, sporting and tourist pulse. Important buildings are church Saint Martin, castle Tabor and Šmihel. Laško lies 228m above sea level. River Savinja divides Laško into left and right bank. In the left side is hill Hum, on the right side is Šmihel. The old city is squeezed under Hum. It was first mentioned in written documents dating to 1227 and was granted town privileges 700 years later, in 1927. The most famous industry is brewing and the town's entertainment and cultural event the Beer and Flowers festival in July is the biggest tourist amusement in Slovenia, which over its five days is visited by about 120.000 people. During a walk through the town a visitor might discover many old and beautiful places the town takes pride in. There is very little flatland in the town, just that for the river, road and railway. If you need some relaxation you can visit Laško Thermal Spa Resort, one of the most important spas and tourist centers in Slovenia.

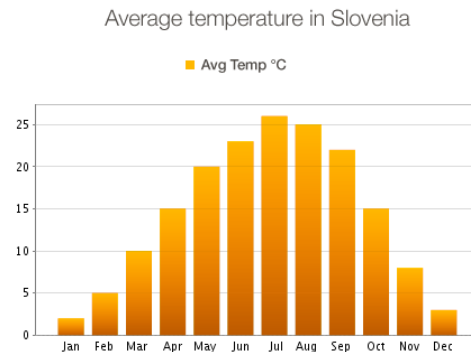


The town of Laško is very active in a variety of sports. Tri Lilje Sports Hall attracts many sports enthusiasts. The hall is only a ten minute walk away from the town centre and has a seating capacity of up to 3.000 visitors. The system of partition walls allows the hall to be divided into three different sizes, where modern media equipment and press centre are available.



USEFUL INFORMATION

Average temperature in Slovenia:



A few Slovenian words:

- Thank you: HVALA
- Please: PROSIM
- Hey: ZDRAVO
- Good morning: DOBRO JUTRO
- Good afternoon: DOBER DAN
- Good evening: DOBER VEČER
- Good night: LAHKO NOČ

Time zone

Like most states in Europe, Slovenia has Central European Standard Time:



Central European Standard Time = GMT+1

Central European Summer Time = GMT+2

Electrical plug

The power supply in Slovenia is 220 – 240 Volts.

Plugs that are used in Slovenia:

| | | | | | | |
|---|---|---|---|---|--|---|
|  |  |  |  |  |  |  |
| North America Grounded NEMA 5-15 | Japan Non-grounded JIS C 8303 | Europe German style CEE7/4 Schuko | Europe French style Schuko | Europe/Russia Non-grounded CEE7/16 Europlug | Great Britain Grounded BS-1363 | Great Britain "Shaver socket" BS-4573 |
|  |  |  |  |  |  |  |
| Australia/China Grounded AS-3112 | Italy Grounded CEI 23-16 | Switzerland Grounded SEV-1011 | Denmark Grounded SRAAF 1962/DB | Israel Grounded SI 32 (IS 16A-R) | India Grounded BS-546 "Small" | South Africa Grounded BS-546 "Large" |

Calling code for Slovenia:

+386 or 00386

Emergency telephone numbers:

- POLICE: 113
- FIRE STATION: 112
- AMBULANCE: 112
- HEALTH CENTRE: +386 03 734 36 00
- HOSPITAL: +386 3 423 30 00
- PHARMACY: +386 3 734 02 40

VISA REQUIREMENTS

Citizens of some world states have to apply for a visa to enter Slovenia.

Documents required and procedures for visa application are different from country to country. Time required to gain a visa is also different from country to country, **so please start the visa application process early enough.**

You can get all information about visa requirements from the Slovenian embassy in your country or, if there is no Slovenian embassy in your country, from an embassy that represents Slovenian interests.

You can also find all useful information on:

www.slovenia-open.si

If you need any assistance with visa requirements you can contact Tomaž Tomšič on:

slo.open@karate-zveza.si

COMPETITION VENUE

The competition will take place in the **Tri Lilije Sports Hall**, located in Laško. The hall can accept up to 3000 spectators.



REGISTRATION

All competitors, referees, coaches and officials must register online using the online system on <http://www.sportdata.org/karate1>.

In case of any questions concerning the online registration, please contact the Sportdata software team directly via the email address office@sportdata.org.

Clubs, teams or federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until **3rd March 2014 (12 days before the event)**.

Confirmation of registration will take place on the day before competition, on **14th of March 2014**, from 9.00 to 16.00.

If any changes are required during the confirmation of registration because of incorrect, missing or new registration data, a fee of 15€ will be charged for each change.

At registration, accreditation cards will be issued with the main data of participants, a photograph and information about registered categories. All participants have to wear their accreditation card in a visible place at all times during the event.

Attention: only members of national federations recognized by WKF are permitted to participate.

Please also note:

- **All teams have to register their participants at the official registration session,**
- **Only one responsible person per team has to register the complete team,**
- **All participants have to present their passport or ID at the registration session.**

CATEGORIES

- Kata individual female and male (16 years and older)
- Kumite individual female (18 years and older):
-50kg, -55kg, -61 kg, -68 kg, +68kg
- Kumite individual male (18 years and older):
-60 kg, -67 kg, -75 kg, -84 kg, +84 kg

TEAM COMPETITION

Team kumite matches will be held on Sunday.

Male teams comprise seven members with five competing in a round.

Female teams comprise four members with three competing in a round.

The contestants are all members of the team. There are no fixed reserves.

Before each match, a team representative must hand into the official table, an official form defining the names and fighting order of the competing team members. The participants drawn from the full team of seven, or four members, and their fighting order, can be changed for each round provided the new fighting order is notified first, but once notified, it cannot then be changed until that round is completed.

A team will be disqualified if any of its members or its coach changes the team's composition or fighting order without written notification prior to the round.

In team matches where an individual loses on account of receiving Hansoku or Shikkaku, any score for the disqualified contestant will be set to nil, and a score of 8-0 will be recorded for that bout in favor of the other team.

Members of the teams that do not present themselves when called will be disqualified (KIKEN) from that category. In team matches the score for the bout not taking place will then be set to 8-0 in favor of the other team.

PARTICIPATION FEE

The entry fee is **30 EUR** per each **individual category**.

The entry fee for team competition is **50 EUR** per each **team**.

PAYMENT:

BANK: SKB BANKA D.D. LJUBLJANA

ACCOUNT: 03100-1012382504

HOLDER: KARATE ZVEZA SLOVENIJE

SWIFT: SKBAS12X

IBAN CODE: SI56 0310 0101 2382 504

COMPETITION RULES

WKF / Karate1 rules

For all categories the official WKF rules / Karate1 rules are applied.

Only WKF approved protective equipment is allowed.

Athletes have to bring their own equipment.

PRIZE MONEY

For individual categories (Kumite and Kata):

- Gold medalist: 300 €
- Silver medalist: 200 €
- Bronze medalist: 100 €

RANKING

Competitors can earn ranking points in every Karate1 event according to the official WKF ranking system.

After each WKF Karate1 event, on the WKF website, new ranking lists are issued.

Karate1 ranking starts with the first Karate1 competition in a new season.

For each category, the competitor with the highest-ranking score will be the grand winner of this category.

Grand winners (Karate1 champions) have to participate in 80 % of all Karate1 Premier League events.

Grand winners (Karate1 champions) receive extra prize money at the end of the WKF Karate1 season.

The results of each Karate1 event also influences the official continuous WKF World ranking list.

TICKETS FOR SPECTATORS

Entrance to the sports hall will be possible with ticket.

Tickets will be free of charge.

Tickets can be ordered on www.slovenia-open.si or on email slo.open@karate-zveza.si



HOTELS

Hotel Wellness Park **** Superior



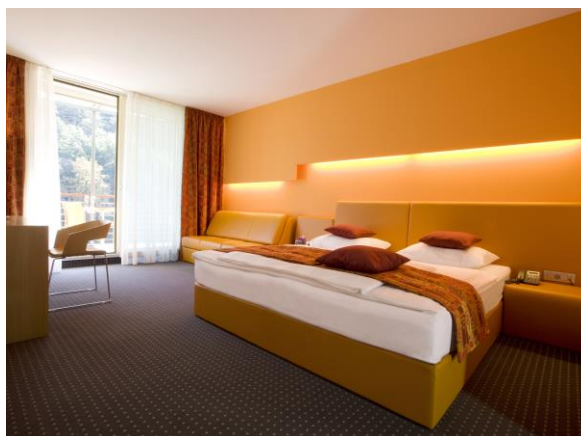
Address: Hotel Wellness Park 4* Superior, Zdraviliška cesta 6, 3270 Laško

This hotel is the closest one to Tri Lilije Sports Hall. The hotel and sports hall are just 500m apart, a 5 minute walk.

Wellness Park Laško is a hotel of 4* Superior category and it has 181 modernly equipped rooms, 7 apartments. In each room, you can find mini bar, TV, telephone, air-conditioning, free wireless internet, bathroom with tub or shower, hairdryer, bathrobe and towels. Hotel guests can also use swimming pools, saunas and wellness spa center. Free parking is available in front of the hotel and garage inside hotel complex.

You can find more details about this hotel's offer on:

<http://www.thermana.si/en>



Hotel Zdravilišče Laško****



Address: Hotel Zdravilišče Laško 4*, Zdraviliška cesta 4, 3270 Laško.

The hotel stands in the park and it is 500 m away from Tri Lilije Sports Hall.

Zdravilišče Laško has 208 rooms with 356 beds, all rooms are ranked with 4 stars. In every bedroom you can find mini bar, TV, internet and air-conditioning. All rooms have their own bathroom where beside standard equipment you can find hairdryer and a bathrobe. Hotel guests have free access to swimming pools with thermal water, sauna center and fitness. For extra charges, guests can also benefit from other wellness offers and special treatments for athletes.

More details about the hotel and it's offer can be found on:

<http://www.thermana.si/en>



Hotel prices per person/per day:

| Hotel Wellness Park Laško ****Superior | Bed & breakfast | Half board * | Full board |
|--|-----------------|--------------|------------|
| Double room | 63 € | 69 € | 75 € |
| Single room | 78 € | 84 € | 90 € |

| Hotel Zdravilišče Laško**** | Bed & breakfast | Half board * | Full board |
|---------------------------------------|-----------------|--------------|------------|
| Double room | 53 € | 59 € | 65 € |
| Single room | 63 € | 69 € | 75 € |

* Breakfast & dinner or breakfast & lunch

Included in price per person/per day is :

- Accommodation in a double or single room.
- Half board or full board.
- Free entrance to swimming pools, saunas and fitness.
- Free internet access.
- Free bathrobe and towels.

Tourist tax 1,01€ per person/day is not included in the price!

Extra meal requires extra charge.

Hotel Booking is possible on website www.slovenia-open.si.

Reservation of the hotel is concluded when the organizer receives a deposit in the amount of 20% payment of the total costs of the hotel or when we receive completed credit card form.

If you have some questions or need assistance, please write by email: booking@karate-zveza.si

TRANSPORTATION

We are offering to arrange transportation from nearby airports to hotels in Laško.

One-direction transportation prices for groups:

| Direction | Van (8 persons) | Mini bus (20 persons) | Bus (48 persons) |
|------------------------------|---|--------------------------|---------------------|
| Airport Ljubljana – Laško | 190 € | 290 € | 380 € |
| Airport Zagreb (CRO) – Laško | 190 € | 290 € | 380 € |
| Airport Graz (AUT) – Laško | Arrangements and prices upon request | | |
| Airport Vienna (AUT) – Laško | | | |

Upon previous agreement, transportation is also possible from other airports.

Tax is included in transportation prices.

Transportation costs are to be paid on the first day of competition, at registration session.

Transportation booking is possible on website: www.slovenia-open.si

In case of any questions write to: booking@karate-zveza.si

Individual travels:

By prior appointment, we accept transfer orders for smaller groups (max 3 persons) or individual travelers.

Please contact booking@karate-zveza.si.

COMPETITION SCHEDULE

| Saturday, 15 th March | | | |
|----------------------------------|--|--------|--------|
| 9:00 - 10:00 | Weigh-in of the categories scheduled for Saturday, Tri Lilije Sport Hall | | |
| 10:00 - 11:00 | Weigh-in of the categories scheduled for Sunday, Tri Lilije Sport Hall | | |
| 9:00 – 16:00 | Elimination fights | Male | kata |
| | Elimination fights | Female | kata |
| | Elimination fights | Female | -61 kg |
| | Elimination fights | Male | -75 kg |
| | Elimination fights | Female | -68 kg |
| | Elimination fights | Male | -84 kg |
| | Elimination fights | Female | +68 kg |
| | Elimination fights | Male | +84 kg |
| 16:00→ | Bronze medals matches & finals | Male | kata |
| | Bronze medals matches & finals | Female | kata |
| | Bronze medals matches & finals | Female | -61 kg |
| | Bronze medals matches & finals | Male | -75 kg |
| | Bronze medals matches & finals | Female | -68 kg |
| | Bronze medals matches & finals | Male | -84 kg |
| | Bronze medals matches & finals | Female | +68 kg |
| | Bronze medals matches & finals | Male | +84 kg |

| Sunday, 16 th March | | | |
|--------------------------------|--------------------------------|-----------------|--------|
| 9:00 – 13:00 | Elimination fights | Female | -50 kg |
| | Elimination fights | Male | -67 kg |
| | Elimination fights | Female | -55 kg |
| | Elimination fights | Male | -60 kg |
| 13:00 – 15:00 | Bronze medals matches & finals | Female | -50 kg |
| | Bronze medals matches & finals | Male | -67 kg |
| | Bronze medals matches & finals | Female | -55 kg |
| | Bronze medals matches & finals | Female | -60 kg |
| Sunday, 16 th March | | | |
| 15:00 → | Elimination fights | Team female 3+1 | |
| | Elimination fights | Team male 5+2 | |
| | Bronze medals matches & finals | Team female | |
| | Bronze medals matches & finals | Team male | |

Note:

More detailed schedule will be available after registration session on Friday, March 14th 2014!

SPECIAL OFFER – TRAINING CAMP

KARATE1 TRAINING CAMP (8 days / 7 nights)

The Organizer of Karate1 World Cup Slovenia 2014 is offering to all competitors, teams and delegation members a special additional offer for competition preparations – training camp.

We are offering you two possibilities:

1. Hotel Wellness Park Laško Suprior: **Price for Karate1 training camp is 550 EUR per person.**
2. Hotel Zdravilišče Laško: **Price for Karate1 training camp is 440 EUR per person.**

Included in price is :

- Accommodation in a double room in a chosen hotel.
- 7 x Full board.
- Entrance to swimming pools, saunas and fitness.
- Internet access.
- Usage of sports hall with tatamis on Tuesday, Wednesday and Thursday.
Available hours from 8h – 17h (previous booking of training hours needed on slo.open@karate-zveza.si).
- Internationally mixed team joint trainings on Tuesday, Wednesday and Thursday from 17h till 19h.
- Sightseeing tour to Celje on Friday.
- Accommodation during the Karate1 world cup Slovenia 2014.



Training camp schedule:

| Monday, 10 th March – Monday, 17 th March | |
|---|---|
| Monday, 10. 3. 2014 | Arrivals |
| Tuesday, 11. 3. 2014 | Training |
| Wednesday, 12. 3. 2014 | Training |
| Thursday, 13. 3. 2014 | Training |
| Friday, 14. 3. 2014 | Sightseeing tour to Celje* |
| Saturday, 15. 3. 2014 | Karate1 World Cup Slovenia 2014 competition |
| Sunday, 16. 3. 2014 | Karate1 World Cup Slovenia 2014 competition |
| Monday, 17. 3. 2014 | Departures |

(*Please note - on Friday there is also registration of Delegations for Karate1 competition at Hotel Wellness Park Laško)

Tourist tax 1,01 € per person/day is not included in the price!

Booking of Karate1 competition team camp offer is possible on website www.slovenia-open.si or on email booking@karate-zveza.si.

Reservation of the Karate1 competition preparations offer is concluded when the organizer receives a deposit in the amount of 20% payment of the total costs of the offer.

If you have some questions or need assistance, please write on email: booking@karate-zveza.si