

Oravský Pohár v Karate

Orava Cup 2020



Date: 1st February 2020 (Saturday)

Site/Venue: Dolný Kubín 026 01, Gymnázium P.O.Hviezdoslava (High school of P.O. Hviezdoslav) , Hviezdoslav square no. 18

Organizer:

Karate Club Dolný kubín , Karate Club Žilina - Marek Raduch, 00 421 903 446 376

Entry fee and registration:

17€ per individual category, 25€ multiple start

Chief Referee: Ondrej Citenyi (WKF - Kumite referee A, Kata Judge A)

Registration: Online registration exclusively through webpage www.sutazekarate.sk.

Onsite registration on the day of tournament will not be accepted!!! Online registration closes on 30th January 2020!!!. In case of any further questions regarding registration please call 00421 948 020 527 /Mr. Striezovsky

Rules:

Competitors may start regardless of their Kyu/Dan grade.

WKF competition rules with the appendix of Slovak Karate Union will be applied.

Age categories are changed by reaching the day of such particular age category on the day of tournament.

Competitor can start in two categories e.g. kata/kumite U12 and U14. Allowance for higher age category is limited by 1 year of age. Valid medical authorization is required (not older than 365 days) The tournament runs under elimination system with repechage.

Blue and red mitts, gum shield, blue and red shin pads and foot protection and chest protector for female categories are compulsory. The body protectors are not mandatory. Round Robin system will be applied in categories with less than 5 competitors registered.

Tournament is open for all WKF clubs.

Competition programme:

Check - in:

8:00 - 8:15 - Kata check - in/verification according to the online registration/

09:00 - 09:30 - Kumite check -in/verification according to the online registration/

08:30- Start of the tournament (KATA).

Categories:

4x TATAMI or 6x-TATAMI

KATA:

male, female U8: **beginners, advanced**

male, female U10: **beginners, advanced**

male, female U12: **beginners, advanced**

male, female U14

male, female cadets

male, female seniors OPEN (16+)

male, female MASTERS (35+)

Maximum kyu grade for category of beginners is 7th kyu. If competitor starts in category of beginners he/she will not be allowed to start in advanced category. Rules for the kata competition will be as follows: <http://www.karate.sk/988/informácie-z-výkonného-výboru-szk-2-1-2016->

KUMITE:

male, female U8 - **24 kg / +24 kg (60 sec.)**

male, female U10 - **28 kg / -32 kg / +32 kg (60 sec.)**

male, female U12 - **30 kg / -35kg / -40 kg / +40 kg (90 sec.)**

male, female U14 - **40 kg/- 45 kg / -50 kg / +50 kg (90 sec.)**

male cadets - **52,-57,-63,-70, +70 kg (120 sec.)**

female cadets - **47 kg , -54, +54 kg (120 sec.)**

male, female juniors **OPEN (120 sec.)**

male, female seniors 18 + **OPEN (180 sec.)**

male, female MASTERS 35+ OPEN (120 sec.)



Prizes:

1st place - Orava Cup, medal, diploma

2nd place - Medal, diploma

3rd place - Medal, diploma

We are looking forward for your participation.

