



**48th EKF Junior, Cadet
&
13th U21 Championships**



K A R A T E
Junior, Cadet & U21
European Championships
2021, Tampere

TAMPERE, FINLAND
20 - 22 August 2021

BULLETIN Nr. 1



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1. Initial Greetings

1.1. President of the European Karate Federation

The current challenging circumstances have helped us appreciate the importance of remaining united and focused, the importance of walking together in the same direction as the best way to maximise all our opportunities amid these difficult times. Hosting first-class events is one essential pillar to achieve this goal, even more so when it comes to youngsters.



We at the WKF and the EKF have worked intensively over the last year to make sure that the cornerstone of our sport – our major international events – can be held while guaranteeing the safety and wellbeing of our athletes. For this reason, it is gratifying to attest that despite all the difficulties, such an important event as the 2021 EKF Cadet, Junior & U21 Championships in Tampere (Finland) can be hosted as an outstanding celebration of Karate.

I want to thank the Finish Karate Federation and its President Kimmo Koski for their efforts and courage to organise a sensational Karate competition thus giving young Karate athletes all over Europe the opportunity to showcase the greatness of our sport.

Best of luck to all the participants and organisers and a big “Oss” to all of you Karate fans.

Antonio Espinós

President

European Karate Federation



1.2. President of the Finnish Karate Federation

Karate community – as also all other sports – has been facing difficult times during the pandemic. Many activities, including competitions, were cancelled and due to various restrictions, normal training has not been easy either. For that reason, it is today more important than ever to organize international events such as this 2021 EKF Cadet, Junior & U21 Championships, which will take place in Tampere in August.



By joining our forces to organize this major event with over 1000 competitors, we will demonstrate that Karate will overcome the difficult times and come back strong after the Covid era. Together we will succeed and pave the way for the future.

For making all this possible, I would especially like to thank the President of the EKF, Mr. Antonio Espinós, CEO Mrs. Sara Wolff and Chairman of the organizing committee Mr. Esteban Perez. Big thanks also for the local organizers in Finland and Tampere, City of Tampere and Finnish Ministry of Education and Culture (including Sports) for their support – as also for the numerous volunteers working for the event. During the last year, we have been dealing with a lot of uncertainty and rapid changes. Without your commitment and support, to get this far would never have been possible.

I would warmly like to welcome you all to the Championships in Tampere this August. We will do our best to make this journey positively remembered for you and wish you all a great competition event.

Welcome to Tampere, Finland!

Kimmo Koski

President

Finnish Karate Federation



2. Tampere

2.1. About Tampere

Tampere is the third largest city in Finland and the largest inland center in the Nordic countries.

Currently there are 238 140 inhabitants in Tampere (year 2019), and close to half a million inhabitants in Tampere Region, which comprises Tampere and its neighboring municipalities.

Tampere's population density is 448 per square kilometer. Tampere is one of the three most rapidly developing regions in Finland. It is a center of leading-edge technology, research, education, culture, sports and business.

Tampere's city center is surrounded by lake and ridge scenery, sited on an isthmus between lakes Pyhäjärvi and Näsijärvi. The Tammerkoski rapids run through the city. Pyynikki, which was formed by the action of ice and sea more than 10,000 years ago, is the world's highest gravel ridge. At its highest it rises 80 meters above Lake Pyhäjärvi and 160 meters above sea level.

There are 200 lakes and ponds in Tampere, and a total of 450 in the entire region.

24 percent of Tampere's surface area is water and 76 percent land. Over 19 per cent of the land has a town plan.

There are numerous nature reserves in Tampere. Pyynikki and Viikinsaari near the city center are the best known of them.

Parks and green areas amount to 2,400 hectares, approximately 100 square meters per inhabitant. The city also has four allotment areas. The Hatanpää allotment, established in 1916, was among the first in Finland.

3. How to get to the Championship

3.1. Flight

You can reach Tampere from number of destinations. However, due to the restrictions Tampere airport is now in limited use. Further updates will be provided in the 2nd event bulletin, however we recommend to use alternatively Helsinki international airport. You can get to Tampere by train or bus from Helsinki airport. The travel time is about two hours. You can prebook a bus from Helsinki to Tampere.



4. Accommodation

Important information.

Bookings must be done directly to the hotel. All hotels must be paid in advance –bookings are not confirmed before payment has been received by the hotel. Cancellations and refunds will be coordinated with the specific hotel under consideration of the individual rules for this hotel. All bookings must be done before Tuesday the 1st of June 2021. The Finnish Karate Federation can only guarantee availability of rooms for reservations made before 1st of June. Please make sure you book in advance since there is very limited availability in the city of Tampere due to other events organized at the same time. All prices are including breakfast, tax and service.

All Reservations must be made no later than 1st of June 2021!

4.1. Hotels

Scandic Hotel Rosendahl (Headquarters Hotel) ****

This hotel is located in the beautiful lakeside of Pyylikki, just a 10-minute drive from the center of Tampere, in a magnificent natural setting.



In the summer you can enjoy yourself on the beach nearby. Popular destinations, such as Särkänniemi amusement park and one of the theatres in Tampere are only a short drive from the hotel. Connections to the city center are good.

The hotel's extensive room selection caters for all needs. The hotel offers versatile services for leisure activities. You'll find, among other things, pool facilities, a sauna, modern gym and squash court. You can borrow a bicycle or walking poles from the reception and enjoy the outdoors in a spectacular lakeside setting. The hotel has a stylishly refurbished restaurant, a nice bar, free Wi-Fi in all areas and a large car park free of charge.

Distance to the competition venue: 7km by car

Address: Pyylikintie 13, 33230 Tampere

Booking: sales.tampere@scandichotels.com

Booking reference: European Karate Junior Championships

Booking may be made by email or phone (+358 300 870 884)



Scandic Tampere Koskipuisto ***

The hotel is a cozy place to rest in the center of Tampere. The location next to the atmospheric Hammerlock rapids and Koskipuisto park offer the opportunity to enjoy beautiful scenery right next to the services of the city center.

The stylish rooms and extensive room selection cater for all needs, and some of the rooms have an amazing view over the Tammerkoski rapids.

It's easy to arrive and leave the hotel as it's located in the center of Tampere, within a short walk of the railway station and the bus station. You can enjoy the beautiful city atmosphere of Tampere in the area around the hotel. The rugged industrial areas with red brick walls, bridges and parks are Tampere at its best. Extensive shopping, culture and restaurant options offer plenty of entertainment.



Distance to the competition venue: 4,5km by car

Address: Koskikatu 5, 33100 Tampere

Booking: sales.tampere@scandichotels.com

Booking reference: European Karate Junior Championships

Booking may be made by email or phone (+358 300 870 884)



Scandic Tampere City ***

This hotel right in the centre of Tampere has cozy, stylishly refurbished rooms. The hotel's relaxed restaurant and bar are popular meeting places

It's easy to arrive and leave the hotel as it's located in the center of Tampere, at the railway station and a short walk of bus station. You can enjoy the beautiful city atmosphere of Tampere in the area around the hotel. Extensive shopping, culture and restaurant options offer plenty of entertainment.



Distance to the competition venue: 4,3km by car
Address: Rautatienkatu 18, 33100 Tampere

Booking: sales.tampere@scandichotels.com
Booking reference: European Karate Junior Championships
Booking may be made by email or phone (+358 300 870 884)



Scandic Tampere Hämeenpuisto ****

A stylish hotel with everything you need in an excellent location. Enjoy the friendly service and a good night's sleep at this peaceful hotel. With hotel Hämeenpuisto as your base, you can enjoy both the bustle of the city and the beautiful nature in and around Tampere.

As guest you can use the gym at GoGo Liikuntakeskus, located in the same building, at an affordable price. Wi-Fi is available throughout the hotel. It's easy to arrive and leave the hotel. It's located along a beautiful esplanade, only a short walking distance from downtown Tampere, the railway station and the bus station. The city's versatile services, theatres and the magnificent Pyynikki outdoor recreation area are just a short walk away.



Distance to the competition venue: 4,8km by car
Address: Hämeenpuisto 47, 33200 Tampere

Booking: sales.tampere@scandichotels.com
Booking reference: European Karate Junior Championships
Booking may be made by email or phone (+358 300 870 884)

Varala ****

Varala is a pioneer at the sports institute scene in Finland, especially in the field of women's gymnastics. The institute was originally founded to promote women's physical education. To this day Varala continues to be a leading force as a sports education.

There are three possible options for accommodations: the Main building, Majala building and Kalliola building. The rooms are mainly doubles, but some singles and rooms for three are available. The en-suite rooms are equipped with a TV, towels and sheets. Walking distance from HQ hotel.



tance to the competition venue: 8,9 km by car
Address: Varalankatu 36, 33240 Tampere
Booking: hotels@karateliitto.fi

Dis-



Lapland Hotels Tampere ****

Lapland Hotels Tampere offers you a chance to experience Lapland in the heart of a city. Tampere Hall is one of the landmarks near the hotel. It hosts world-class artists and functions as an expo and congress site.

The 141 rooms of the centrally located hotel have been decorated with skill and style to suit the taste of even the most quality conscious guests. The design of the rooms was influenced by nature and the stories of Lapland.



Distance to the competition venue: 3 km by car
Address: Yliopistonkatu 44, 33100 Tampere
Booking: sales.tampere@laplandhotels.com



Courtyard by Marriott Tampere ****

The Courtyard by Marriott Tampere City hotel is a new hotel located in the Tulli business district of the city center and minutes away from the main shopping street, entertainment areas and central train station.



The hotel boasts all modern business facilities you expect from the Courtyard by Marriott hotels. Make yourself at home in one of the 229 spacious hotel rooms and suites, featuring plush bedding, flat-panel TVs and complimentary Wi-Fi. The hotel has a modern well equipped 24/7 gym and a market opened around the clock.

Distance to the competition venue: 3,1 km by car

Address: Yliopistonkatu 57, 33100 Tampere

Booking: sales@courtyardtamperecity.com



Ellivuori resort ****

The renewing Ellivuori Resort, only 40 minutes away from Tampere, offers versatile settings both for companies as well as leisure.

Ellivuori Resort is located in the middle of beautiful nature, surrounded by lakes, on the shore of the Rautavesi lake. The area boasts a plentitude of various activities and new wellness and sports services are being built. Also the entertainment and cultural offering will be expanding.

The stylish, modern rooms have Wi-Fi access and a flat-screen TV, as well as a private bathroom. Some rooms have lake views.



Distance to the competition venue: 52,3 km by car
Address: Ellivuorentie 131, 38130 Sastamala
Booking: hotels@karateliitto.fi



Murikanranta Congress Hotel ****



Murikanranta is a unique conference hotel in the peaceful seclusion of Finnish nature. Hotel provides everything you need for a successful hotel experience. The recently renovated hotel, surrounded by Pirkanmaa's beautiful lakeland, easily hosts events tailored exactly to your requirements.

At Murikanranta Conference Hotel, you will find single and twin rooms as well as family rooms, which can accommodate four guests. The hotel can accommodate a total of 208 people. The rooms are located in the main building from where you conveniently reach the meeting rooms and restaurants. Hotel guests have access to a washing machine, iron and free WLAN internet.



Distance to the competition venue: 34,8 km by car

Address: Kuterintie 226, 34260 Terälahti

Booking: hotels@karateliitto.fi

4.2. Hotel Map – City Hotels



Ellivuori resort is situated 53 km southwest from Tampere.
Murikanranta is 30 km north of Tampere.

[Map link - Tampere](#)



4.3. Hotel Rates in EURO per person per night in Bed and Breakfast basis

Hotel	Single	Double	Triple	Four bed
Scandic Rosendahl - HQ	110	60	50— 60	50
Scandic Koskipuisto	120	70	50	N/A
Scandic Tampere City	125	70	52	N/A
Scandic Hämeenpuisto	120	70	50	N/A
Courtyard by Marriot	135	75	N/A	N/A
Lapland Hotels	95—255*	60 -- 140*	N/A	N/A
Murikanranta	110	60	55	N/A
Varala	N/A	90	85	N/A

Hotel	Single	Double	Triple	Four bed
Ellivuori resort **	140	70	45	40
	Six bed	Chalet 4 persons	Chalet 6 persons	Villa 6 persons
	35	50	50	50
	Villa 9 persons	Villa 16 persons	Villa 20 persons	
	50	50	50	

Additional meals must be requested and paid when making the booking. Each hotel will communicate its prices for an additional meal. The average price for an additional meal is 20€.

Reservations must be made through the booking addresses stated. **All bookings and payments must be made by June 1st 2021.** In case of cancellation by team, payments are refundable to 100% until June 6th 2021. Cancellation policies will be given from the appropriate hotel when bookings are made. Eventual cancellations and changes must be communicated to the booking addresses given.

* The variation is due to demand and supply of accommodation during the weekend. Simultaneously with the championships there is a major music festival taking place in Tampere, which has an impact for prices in this particular hotel.

**** Prices for Ellivuori resort are given per person when the room/chalet/villa is complete with the total number of persons. I.E. A villa of 20 persons cannot be booked for 15 persons paying 50 EUR/Person, the real price would be 1000 EUR for the whole villa.**



5. WKF Protocol Measures

DUE TO THE CURRENT EMERGENCY HEALTH SITUATION THIS EVENT WILL BE HELD UNDER THE WKF COVID-19 PROTOCOL



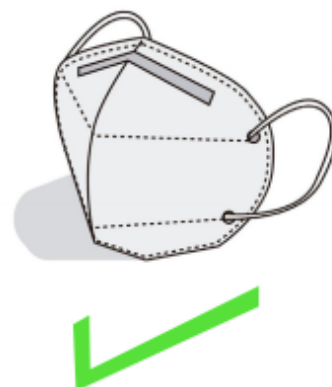
Key Elements

Karate in Times of Coronavirus

CERTIFIED FACE MASKS

The use of Certified Masks of FFP2 type or equivalents (N95 (United States), KN95 (China), P2 (Australia/New Zealand), Korea 1st class (Korea), DS2 (Japan)) within the specifications for use is always mandatory in the venue, with the exceptions for athletes that are detailed herein.

Once an athlete enters the venue grounds the athletes must always wear Certified Masks except while warming up, training, and competing in the designated areas/tatamis, respectively. This also means the Certified Mask shall be worn in transit between the Warmup and Competition Areas.



NOT ALLOWED MASKS



Surgical



Industrial



With Valve



Cloth



5.1. Required Documents



5.2. COVID-19 Restrictions in Finland

The travel to Finland is governed by the Finnish authorities, please check the current restrictions from:

[Ministry for Foreign Affairs](#)

[Finnish Border Guard](#)

[Finnish institute for health and welfare](#)



6 Registrations

6.1. Online Registration

6.1.1. General information for all athletes

Online registration can be made from the 30th April 2021 until 6th August 2021 under the following link:

<https://www.sportdata.org/wkf/set.php?id=467>

6.2. Press

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations until 6th of June through the online registration form which can be found here:

<https://www.sportdata.org/wkf/set.php?id=467>

Accredited journalists will not have access to the competition area and will be allocated in a dedicated press tribune.

Accredited photographers will have access to their allocated seats only upon presenting the accreditation cards given to them during registration. Video recording will not be allowed.

A mixed zone will be available for accredited journalists and photographers.

Should you need more information about press or media related issues, please contact directly the European Karate Federation's office: press@wkf.net

6.3. Onsite Registration & Accreditations

Registration will be arranged in HQ Hotel on Thursday, 19th August from 09:00 to 15:00 hours (room TBC).

Each participating country is requested to provide 2 national flags and a CD with the national Anthem.



7 Referee Program

7.1. Referee Course Program

Tuesday, 17th August 2021

(HQ hotel, rooms TBC)

08:00 - 08:45 Referee Commission meeting
09:00 - 12:00 Payment and registration for candidates
12:00 - 13:00 Lunch
13:00 - 14:30 Kumite theory
14:30 - 15:30 Kumite theory examination
15:30 - 17:00 Kata/Para-Karate theory
17:00 - 18:00 Kata theory examination

Wednesday, 18th August 2021

VARALA Hotel (Rooms TBC)

09:00 - 12:00 Practical examination Kumite group 1
12:00 - 13:00 Lunch
13:00 - 16:00 Practical examination Kumite group 2
16:30 - 19:30 Practical examination Kumite group 3

Thursday, 19th August 2021

(HQ hotel, rooms TBC)

08:00 - 10:00 Kata practical instruction
10:00 - 12:00 Kata video examination
12:00 - 13:00 Lunch
13:00 - 18:00 RC administration
16:30 - 17:30 License renewal examination
18:00 - 19:00 Results
19:00 - 20:00 Referees Briefing
20:00 - 20:30 Tatami Manager & Appeals Jury meeting



7.2. Referee Registration

5.2.1. Referee Course

The Referee Course registration will be open on Monday 21st June 2021.

The Referee Course registration will close on Tuesday 20th July 2021.

All registrations must be made **online**, within the deadlines above mentioned, through the following Sportdata links:

KATA: <https://www.sportdata.org/wkf/set.php?id=525>

KUMITE: <https://www.sportdata.org/wkf/set.php?id=526>

Should you have any technical difficulties when registering, please contact support@sportsid.org.

5.2.2. Referees attending and officiating at the EKF Championships 2021

The registration of qualified Referees for officiating in European Championships opens on Monday 21st June 2021.

The registration of qualified Referees for officiating in European Championships closes on Tuesday 20th July 2021.

All registrations must be made **online**, within the deadlines above mentioned, through the following Sportdata links:

<https://www.sportdata.org/wkf/set.php?id=524>

Should you have any technical difficulties when registering, please contact support@sportsid.org.

It is recommended for Referees to book their accommodation at the following hotels:

- Scandic Hotel Rosendahl (Headquarters Hotel) ****
- Varala ****



8 Event Schedule

Thursday – 19th August 2021

09:00 -15:00	Registration, accreditation and weigh-in for delegations*	Place TBC
16:30 -18:00	Open Draw	TBC
17:00 -18:00	Medical Commission Meeting	HQ hotel ROOM TBC
19:00 -20:00	Technical Commission Meeting	HQ hotel ROOM TBC

Friday – 20th August

09:00 -11:00	Executive Committee Meeting	HQ hotel ROOM TBC
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* The onsite registration will be completed as follows, CHECKING OF THE COVID DOCUMENTATION [Section 5.1] FOR ALL DELEGATION MEMBERS

ATHLETES*

CHECKING OF COVID DOCUMENTATIONS [Section 5.1]

ONSITE REGISTRATION AND ACCREDITATIONS' DELIVERY

WEIGH-IN

OFFICIATING COACHES, DOCTORS, PHYSIOTHERAPIST*

CHECKING OF COVID DOCUMENTATIONS ONSITE [Section 5.1]

REGISTRATION AND ACCREDITATIONS' DELIVERY

*The ANTIGEN TESTING for athletes, officiating coaches, doctors, physiotherapist will take place the day of competition.

OFFICIALS AND REFEREES

CHECKING OF COVID DOCUMENTATIONS ONSITE [Section 5.1]

ANTIGEN TEST

Upon reception a negative result of the antigen test, DELIVERY OF ACCREDITATIONS.

Timeslots by alphabetic order of Countries will be applied to ensure a smooth onsite registration process. Such timeslot will be established once finished the online registration.



9 Competition Information

9.1. Categories

Individual categories

U21 (age 18/19/20)			
Individual Kata		Individual Kumite	
Male	Female	Male	Female
		-60 Kg.	-50 Kg.
		-67 Kg.	-55 Kg.
		-75 Kg.	-61 Kg.
		-84 Kg.	-68 Kg.
		+84 Kg.	+68 Kg.

Junior (age 16/17)			
Individual Kata		Individual Kumite	
Male	Female	Male	Female
		-55 Kg.	-48 Kg.
		-61 Kg.	-53 Kg.
		-68 Kg.	-59 Kg.
		-76 Kg.	+59 Kg.
		+76 Kg.	

Cadet (age 14/15)			
Individual Kata		Individual Kumite	
Male	Female	Male	Female
		-52 Kg.	-47 Kg.
		-57 Kg.	-54 Kg.
		-63 Kg.	+54 Kg.
		-70 Kg.	
		+70 Kg.	

Team Categories

Cadet and Junior Team Kata (age 14/17)	
Male	Female

9.2. Age

IMPORTANT NOTE:

The age limit of competitors for the corresponding category will be the first day of the entire event. This means competitors must have the eligible age by 20th of August 2021.



9.3. Competition Program

The weigh-in of all categories will be done on Thursday 19th August 2021.

The definite competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes, as well as Covid-19 countermeasures.

Friday 20th August 2021

Kata Individual - Groups Phase	
9:00 – 12 :30	Cadet (Male & Female)
	Junior (Male & Female)
	U21 (Male & Female)
Cadet Kumite - Eliminations & Repechages	
12:30 – 16 :30	Male (-52kg, -57kg, -63kg, - 70kg & +70kg)
	Female (-47kg, -54kg & +54kg)
Finals	
16:30 – 19 :15	Kata Individual - Cadet (Male & Female)
	Kata Individual - Junior (Male & Female)
	Kata Individual U21 - (Male & Female)
	Kumite Male (-52kg, -57kg, -63kg, -70kg & +70kg)
	Kumite Female (-47kg, -54kg & +54kg)
19 :15	Opening Ceremony



Saturday 21st August 2021

	Kata Team	
9:00 - 10:00	Cadet & Junior	(Male & Female)
	Junior Kumite - Eliminations & Repechages	
10:15 – 16 :00	Male	(-55kg, -61kg & -68kg, -76kg & +76kg)
	Female	(-48kg, -53kg, -59kg & +59kg)
	Finals	
16 :00 – 18 :15	Kumite Male (-55kg, -61kg & -68kg, -76kg & +76kg)	
	Kumite Female (-48kg, -53kg, -59kg & +59kg)	
	Kata Team (Male & Female)	

Sunday 22nd August 2021

	U21 Kumite - Eliminations & Repechages	
09:00 – 14 :30	Female	(-50kg, -55kg, -61kg, -68kg & +68 kg)
	Male	(-60kg, -67kg, -75kg, -84kg & +84kg)
	FINALS	
14:30 – 16 :20	Female	(-50kg, -55kg, -61kg, -68kg & +68 kg)
	Male	(-60kg, -67kg, -75kg, -84kg & +84kg)

SPORT PROTECTIONS WKF Approved



*Click on the logos to see the brand information

TATAMIS WKF APPROVED

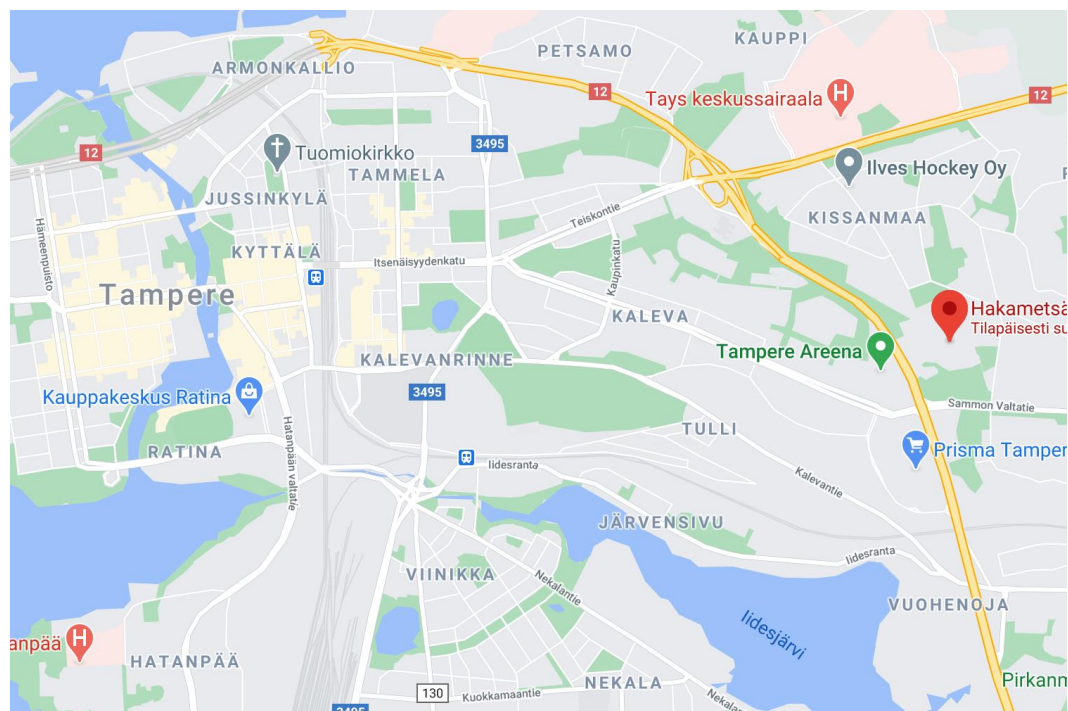


*Click on the logos to see the brand information



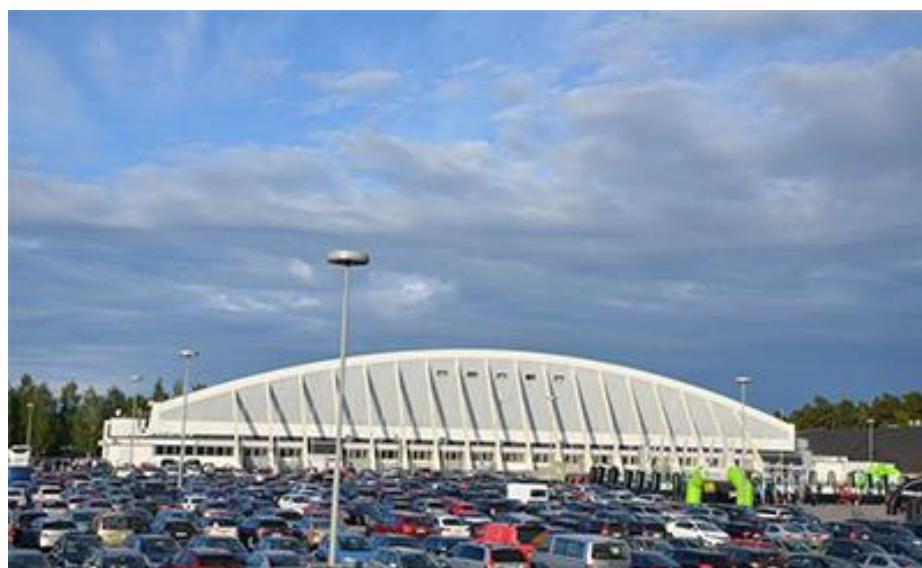
11 Venue: Tampere ice stadium (Hakametsä ice stadium)

Venue location: Keltinkatu 2, 33530 Tampere



Venue

1°29'45"N, 023°49'27"E





12 Tickets

Currently no spectators are allowed according to local regulations and authorities, however further information will be provided in the 2nd Bulletin.

13 Training Facilities - Bookings

Address in Tampere: Nääshalli, Näsijärvenkatu 8, 33210 Tampere

Other training facilities will be provided in Ellivuori and Murikka locations. These facilities will be a walking distance from the hotel.

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application must be **received before 6/6/2021.**

Transportation to the training area will not be provided, as this is in walking distance from most hotels.

For the Training inquiries, requests and bookings, please send mail to: info@karateliitto.fi

For application, please fill the appropriate form:

[Training Facilities \(link\)](#)

Country:			
Contact Person:			
Mobile:			
Email:			
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Number of Competitors:			



14 Additional Information

14.1. VISA

Finland is member of the Schengen states. The Schengen states have jointly agreed which countries' citizens are required to present a visa. Each Schengen state decides which passports and travel documents it accepts from different countries' citizens.

Schengen member states are Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden and Switzerland. No visa is required when entering from a Schengen state. You must, however have legitimate passport or national ID-card, which may be required to show at the border.

14.2. European Members requested to issue Finnish visa

To check if you need to apply for a visa to Finland, please refer to the webpages of Ministry of Foreign Affairs Finland:

<https://um.fi/visa-requirement-and-travel-documents-accepted-by-finland>

The pages list the current situation of visa requirements and what travel documents are needed to enter Finland.

14.3. Opening Hours (Shops / Pharmacies)

Shops are open from early morning to late at night. Mainly from 9.00 to 22.00. Pharmacies are typically open from 8.00 to 19.00. There is also shops and pharmacies that are open 24 hours.

14.4. Currency

The currency is Euro. Payments can be made by cash and card. In addition, various kind of mobile payment applications can be used.



14.5. Electricity

In Tampere the power plugs and sockets are of type F (Schuko). This socket also works with plug C and plug E. The standard voltage is 230 V and the standard frequency is 50 Hz.



This socket also works with plug C and plug E.

14.6. Language

In Tampere the main language is Finnish. In addition, Swedish and English are widely spoken.

14.7. Time

Tampere is using Daylight Saving time and the time zone is EEST: Eastern European Summer Time UTC+3.

14.8. Weather

The average temperature in Tampere in August is very mild at 15.5 °C. Afternoons can be warm with average high temperatures reaching 20 °C. Overnight temperatures are generally quite mild with an average low of 11 °C. The weather in August is somewhat dry with rain every now and then.

14.9. Health & Services

Please contact info desk if in need for physics or massage for assistance in booking.

There are a public hospital in Tampere and local doctors will be on site during the competition.



14.10. Insurance

In compliance with EKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Finnish Karate Federation and European Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations. The head of the delegations have to sign the enclosed terms of responsibility and return it by 6th of June 2021 the latest.

14.11. Transportation

The public transport system of Tampere is wide, modern and reliable. You can reach anything by bus. Daily tickets, 48-hour tickets or 72-hour tickets can be purchased, and all means of public transport can be used with it. You can also rent an electric scoot with an mobile application (VOI or Tier).

14.12. Drinking water

Tap water in Tampere has excellent quality. You are free to drink from the water taps in hotels, restaurants etc.

14.13. Important Phone Numbers

General emergency number: 112 (fire, police, ambulance)

15 Reservation Forms

15.1. General Information

Booking and payment is made directly to the hotel of choice and following their guidelines. There is a direct mail contact in the description of the individual hotels. Some hotels may require a Code, for booking at the stated prices –for the others, we recommend that you mention this is a booking in relation to European Karate Championships. The Finnish Karate Federation will guarantee rooms until the 1st of June. All hotels in the city are reserved, which means, that bookings after the 1st of June may not be possible, and the countries/teams might have to book in other cities in the region. Booking is not final, until payment has been received by the hotel.

All Reservations must be made no later than 1st of June 2021!



15.2. Transfer Service Form

Transportation to the hotels will be only offered from Helsinki/Tampere International airport and it will be organized by taxi, minibus or bus, depending on the number of participants on each arrival. The price for transport is 50€/person from Helsinki airport and 20€ from Tampere airport.

Helsinki airport to official hotel 50€/person one way

Tampere airport to official hotel 20€/person one way

Prices are calculated for buses 16-50 persons/bus.

2-4 persons taxi is 100/75€/per person one-way.

Transfer Reservation Form				
National Federation				
Responsible Person				
Mail				
Mobile				
Hotel Selection				
Arrival Date		Departure Date		
Arrival Flight No		Departure Flight No		
Total Number of Team				
Request Dinner in Hotel	YES		NO	

[Transfer Service Form \(link\)](#)

Transportation will be offered from the hotel to the sport venue and back free of charge for the teams who use Official hotels.



15.3. Catering Form

Catering will be arranged by Finnish Karate Federation at the venue for a price of 20€ per person. Please fill in and send the booking form until 6th of June 2021 the latest.

CATERING FORM

Country:	
Contact Person	
Mobile	
Email	

MEAL TICKET RESERVATION IN THE STADIUM

Please insert number in the box below

	Lunch
Friday, 20 August	
Saturday, 21 August	
Sunday, 22 August	

[Catering form \(link\)](#)

Reservation to be sent to email info@karateliitto.fi by 1/6/2021.

There are restaurant facilities close to the sport venue. You will receive a confirmation email, incl. amount for bank transfer.



16 Terms of responsibility

Finnish Karate Federation
Valimotie 10
00380 Helsinki

Tel: +358 50 434 4346
Website: <https://karateliitto.fi/fi/>

Terms of responsibility

To be filled in, signed by the head of delegation and **sent back by 06/06/2021** (by email to info@karateliitto.fi) **the latest**. Delegations lacking insurance policies could acquire it at the Registration Desk upon request.

I, the undersigned, as the Head of Delegation of my country, duly enrolled to participate in the 48th EKF Junior, Cadet and 13th U21 Championships, which will be held in Tampere, Finland from August 20th to 22nd, 2021, with full knowledge of the Statutes, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity.

I take any and all administrative, civil, and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in the championship, before, during, and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation, etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championship, the EKF and the Finnish Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country/ Nation:
Surname, First Name:
Passport number & expiration date:
Credit card number & expiration date:
Federation position:
Address:
Phone: Email:

Date & place:
Signature:



17 Contact details

17.1. Finnish Karate Federation

Address: Valimotie 10
00380 Helsinki

Tel: +358 50 434 4346

Website: <https://karateliitto.fi/>

More info can be found on the event website:

<https://karatefinland2021.com/>

For all inquiries, hotel, transportation and training bookings, as well as visa requests and general questions, please contact the OC:

Competition General Issues & Visa	info@karateliitto.fi
Training Requests	info@karateliitto.fi
Presale Tickets	info@karateliitto.fi
Hotel Accommodation	hotels@karateliitto.fi
Transport requests	transport@karateliitto.fi
Referee course, judges, officials	info@karateliitto.fi
and VIP requests	info@karateliitto.fi



18 Local Sponsors



Ministry of
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TAMPERE

